

SECOND EDITION

Techniques *in* Wrist *and* Hand Arthroscopy



David J. Slutsky, MD

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and
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TECHNIQUES IN WRIST AND HAND ARTHROSCOPY:
SECOND EDITION

ISBN: 978-0-323-39266-2

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Previous edition copyrighted 2007

Library of Congress Cataloging-in-Publication Data

Names: Slutsky, David J., author.
Title: Techniques in wrist and hand arthroscopy / David J. Slutsky.
Other titles: Preceded by (work): Techniques in wrist and hand arthroscopy.
Description: Second edition. | Philadelphia, PA : Elsevier, [2017] | Preceded by Techniques in wrist and hand arthroscopy / [edited by] David J. Slutsky, Daniel J. Nagle. 2007. | Includes bibliographical references and index.
Identifiers: LCCN 2016046661 | ISBN 9780323392662 (hardcover : alk. paper)
Subjects: | MESH: Wrist Joint--surgery | Hand Joints--surgery | Arthroscopy--methods
Classification: LCC RD559 | NLM WE 830 | DDC 617.5/750597--dc23
LC record available at <https://lccn.loc.gov/2016046661>

Executive Content Strategist: Dolores Meloni
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Publishing Services Manager: Catherine Albright Jackson
Senior Project Manager: Doug Turner
Designer: Ryan Cook

Printed in China

Last digit is the print number: 9 8 7 6 5 4 3 2 1



This book is dedicated to my mother, Rose Slutsky. She remains the one constant guiding force in all of our lives and provides unwavering support regardless of our path. She is the reason we strive for greatness and we love her for it.
Thank you, Mom, for all you do.

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Preface

Much has changed in the realm of arthroscopy since the first edition of this book in 2007. Arthroscopy continues to grow and evolve with new and exciting techniques arising from a variety of innovators on every continent. Arthroscopy has revolutionized the diagnosis and treatment of scapholunate and lunotriquetral ligament disorders and triangular fibrocartilage tears, and has also assumed an increasing role in the diagnosis and treatment of distal radioulnar joint instability. Wrist arthroscopy continues to remain a useful adjunct in the reduction of intraarticular fractures of the distal radius, but now it is used to fine-tune the articular reduction after a provisional open reduction and plate fixation. It has become a standard procedure following percutaneous screw fixation of scaphoid fractures, and can also be used for arthroscopic bone grafting. The staging of degenerative conditions is facilitated through the use of arthroscopy, and it has become an important advent in the staging of the articular degeneration of the lunate in Kienböck disease, which directly influences the treatment.

Innovative surgeons have developed arthroscopic techniques for partial carpal resections, release of wrist contractures, synovectomies, and ganglionectomies. One exciting new area involves the use of arthroscopy for partial carpal fusions. Arthroscopic resection arthroplasties of both the trapeziometacarpal and scaphotrapezial joints have also become commonplace.

This book features a compendium of procedures, and it is intended to serve as a user's manual for both the entry-level wrist arthroscopist and the experienced surgeon. The methodology and the practical aspects of each procedure are stressed along with myriad pearls and tips. The accompanying streaming videos illustrate the techniques and provide a glimpse into the surgical anatomy in real time.

I hope that you will find this book both enjoyable and useful as you tackle new arthroscopic techniques.

David J. Slutsky, MD

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