

# Surgical Atlas of Sports Orthopaedics and Sports Traumatology



Andreas B. Imhoff  
Matthias J. Feucht  
*Editors*

*Translated and Edited by*  
Mohamed Aboalata

 Springer

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(Eds.)

# **Surgical Atlas of Sports Orthopaedics and Sports Traumatology**

Translated and edited by Dr. Mohamed Aboalata

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## Preface

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It has long been our aim to have an operative Atlas for our junior residents and orthopaedic specialists, which illustrates the major sport-orthopedic and sport-traumatologic surgical techniques.

Based on our internal operative guidelines could Matthias Feucht and I finally achieve that dream after many years of work.

The collection of clinical photographs, the many special drawings, X-ray and MRI images, surgical images, guidelines and the relevant references, however, has taken a lot longer to be complete than expected. I am very grateful to Matthias Feucht for his great help.

Many of our techniques come to cover the spectrum of the new specialist training program in orthopedics and trauma surgery, that is why we have tried in this atlas to illuminate and describe the surgical techniques according to the new combined postgraduate training concept.

The excellent, Operative atlas of orthopedic and trauma surgery training by Dieter Kohn and Tim Pohleman, published by Springer in 2009 allows us to see our atlas as a supplement focusing on the sport-orthopedic and sport-traumatologic field. The minimally invasive arthroscopic procedures constitutes naturally the main part of this atlas.

Each chapter is structured to entitle the indications, the operation principle, the preoperative preparation with diagnostic tools, planning and the relevant information for patient to be declared, the surgical technique, the immediate postoperative management and rehabilitation measures. Pitfalls, Tips and Tricks and four to five references around the theme are included in each case.

We would like to thank the editorial office including Dr. Fritz Kraemer and Ms. Antje Lenzen as well as Mrs. Barbara Knüchel and Mrs. Frauke Bahle. A big thank also to Mr. Rüdiger Himmelhan and his team from Heidelberg for the excellent drawings. Despite the multiple corrections we have made, he continued to support us tirelessly and to refine the didactic presentations.

We hope you benefit as a reader from our illustrated procedures in the management of athletes and sports injuries.

Drawings and pictures of the surgery often say much more than long texts, which is why the techniques must be illustrated comprehensively and at the same time had to be short and checklist-like. It should be a teaching atlas for medical students, patients, orthopedic and trauma surgery residents and specialists as well as physiotherapists.

Andreas Imhoff, Editor,  
Munich, Germany, July 2014

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