

NETTER'S Surgical Anatomy Review

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P.R.N. 2nd Edition Robert B. Trelease

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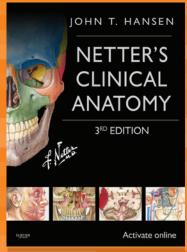
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ISBN: 978-1-4557-7008-3



NETTER'S Surgical Anatomy Review P.R.N. 2nd Edition

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Philadelphia, PA 19103-2899

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The Publisher

Library of Congress Cataloging-in-Publication Data

Names: Trelease, Robert Bernard, author. | Netter, Frank H. (Frank Henry), 1906-1991, illustrator. Title: Netter's surgical anatomy review P.R.N. / Robert B. Trelease;

illustrations by Frank H. Netter ; contributing Illustrators, Carlos A.G. Machado, Kristen Wienandt Marzejon, Tiffany DaVanzo, John A. Craig. Other titles: Netter's surgical anatomy review pro re nata | Surgical anatomy

Description: Second edition. | Philadelphia, PA: Elsevier, [2017] | Includes index.

Identifiers: LCCN 2015047555 | ISBN 9780323447270 (pbk.)

Subjects: | MESH: Surgical Procedures, Operative | Anatomy | Atlases Classification: LCC QM531 | NLM WO 517 | DDC 611/.9–de23 LC record available at http://lccn.loc.gov/2015047555

available at http://leen.loe.gov/201504755

Content Strategist: Elyse O'Grady Content Development Specialist: Marybeth Thiel Publishing Services Manager: Patricia Tannian Project Manager: Ted Rodgers

Designer: Julia Dummitt

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Printed in China

Last digit is the print number: 9 8 7 6 5 4 3 2 1

This book is dedicated to

My parents, Florence and Robert Trelease (Sr.), who always supported my pursuit of learning and science;

My wife, Barbara, and our daughters, Cristin and Heather, who have motivated all my work;

My students, who will put their anatomical knowledge to good use in caring for their patients.

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About the Author

Robert B. Trelease, PhD, is Professor in the Division of Integrative Anatomy, Department of Pathology and Laboratory Medicine, in the David Geffen School of Medicine (DGSOM) at UCLA. In 1996, Dr. Trelease became a founding member of and Faculty Advisor to the Instructional Design and Technology Unit (IDTU), part of the DGSOM Dean's Office established to develop online learning resources for medical education. IDTU currently provides and manages a broad range of web server- and mobile device-based educational resources for all 4 years of the medical school curriculum, as well as developing new multimedia teaching tools and course management applications. Dr. Trelease currently serves as Associate Director of IDTU, in addition to teaching medical gross anatomy, embryology, and neuroanatomy.

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Preface

Netter's Surgical Anatomy Review P.R.N. is a justin-time, point-of-contact review of anatomy for the most common of the surgically treated diseases and diagnoses encountered during medical student clerkships and general surgery residencies.

This second edition includes new chapters on Heart Diseases and Lungs and Respiratory Diseases, content requested by users of the first edition and its electronic versions. This extends the coverage of material from general surgery into thoracic surgery. There are also new updated Netter Figures contributed by Dr. Carlos Machado, Kristen Wienandt Marzejon, and Tiffany DaVanzo.

I thank the prior readers and institutional adopters for their confidence and support. In particular, special thanks go out to Dr. David Chen, Associate Professor of Clinical Surgery, and the medical students and residents of the David Geffen School of Medicine at UCLA (DGSOM) for their ongoing use of the Web-based version for surgical clerkships and in-service learning.

I am also grateful for the continuing support and good counsel of my Department Chair, Dr. Jonathan Braun, and feedback from former Senior Associate Dean of Medical Education, Dr. LuAnn Wilkerson, who originally suggested that I develop a PDA-based learning resource for surgical clerkships.

viii Preface

Great appreciation is due to my colleagues at DGSOM's Instructional Design and Technology Unit, directed by Dr. Anju Relan and including master developers Zhen Gu, Katherine Wigan, Sam Payne, and Jason Rock. Their continuing multimedia learning projects and dedicated support of the online medical school curriculum have provided many practical lessons on the complexities of development and what really works in educational technology.

Most of all, I thank my Editor, Elyse O'Grady, for her continuing dedication to the distribution and improvement of Netter's Surgical Anatomy Review P.R.N. I am especially grateful to Marybeth Thiel, original Development Editor, for providing continuing editorial review and oversight for second edition updates, including all the new artwork. Their expert team at Elsevier worked skillfully to produce the new, redesigned content that you are using.

ROBERT B. TRELEASE, PHD

Contents

Section I Head and Neck
1 Skull and Face Fractures 3
2 Thyroid Diseases 17

Se	ection II Back and Spinal Cord	
3	Vertebral Fractures 27	
Section III Thorax		
4	Breast Diseases 45	
5	Heart Diseases 61	
6	Lung Diseases 91	
7	Esophageal Diseases 115	
8	Ribs and Thorax Fractures 129	
Se	ection IV Abdomen	
9	Appendix Diseases 139	
10	Biliary Diseases 149	
11	Colon Diseases 163	
12	Gastroduodenal Diseases 181	
13	Hernias 201	

x Contents

217

397

413

429

233

14 Kidney Diseases

15 Liver Diseases

16	Pancreatic Diseases 253
17	Small Intestine Diseases 265
Se	ection V Pelvis and Perineum
18	Anorectal Diseases 285
19	Pelvic Fractures 297
20	Prostate Diseases 311
21	Uterus and Adnexal Diseases 325
Se	ection VI Upper Limb
22	Pectoral Girdle Fractures 343
23	Humerus Fractures 353
24	Forearm Fractures 367
25	Wrist and Hand Fractures 381

Section VII Lower Limb
26 Hip and Thigh Fractures

Knee and Leg Fractures

28 Ankle and Foot Fractures

Index 443

Head and Neck



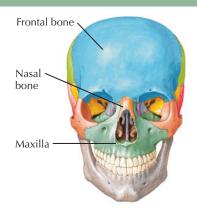
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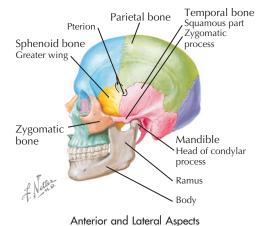
1 Skull and Face Fractures

ANATOMY OF THE SKULL AND FACIAL SKELETON

Skull and Facial Bones

- Neurocranium (cranial vault): frontal, ethmoid, sphenoid, temporal, parietal, occipital bones
- Viscerocranium (facial skeleton): maxilla, nasal, lacrimal, zygomatic, vomer, palatine, mandible bones
- Base of skull: occipital, sphenoid, temporal, palatine, maxilla bones
- Most of the bones of the skull are flat (type), with inner and outer "tables" (layers) of compact (cortical) bone surrounding trabecular bone and marrow space (diploë).
- Emissary veins connect diploic spaces with cerebral veins/sinuses (intracranial) and scalp and superficial veins: potential route for intracranial spread of infection.
- Sutures
 - Thin fibrous joints found only between skull and facial bones
 - Produced by intramembranous ossification
 - May be indented (e.g., coronal suture), planar, or squamous
- Most cranial and facial bones are pharyngeal arch derivatives.
- Occipital, sphenoid, and ethmoid bones develop from paraxial mesoderm, comparable to vertebrae.





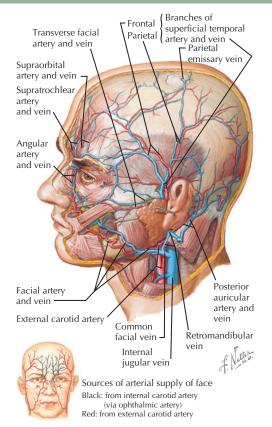
Scalp Layers

- Skin: thin (thicker in occipital region); well supplied with arteries, veins, lymphatic drainage
- Connective tissue: dense subcutaneous layer with rich neurovascular supply
- Aponeurosis of occipitofrontalis muscle, with lateral attachments of temporoparietalis and posterior auricular muscles (collectively the epicranius)
- Loose areolar tissue: allows aponeurosis movement; danger space for infections owing to emissary vein drainage into diploic spaces of cranium
- Pericranium: external periosteum, fibrously fused to sutures

NEUROVASCULAR SUPPLY

Arteries of Face and Cranium External Carotid (Proximal to Distal)

- Lingual: to tongue and floor of mouth, may have common origin with facial
- Facial: superior, inferior labial, lateral nasal, angular branches; to anteromedial face
- Posterior auricular: posterior to ear and mastoid regions
- Occipital: lateral aspect of head behind ear
- Maxillary: deep auricular, anterior tympanic, deep temporal, middle meningeal, inferior alveolar, posterior alveolar, infraorbital branches; to deep face
- Transverse facial: lateral face, parallel to parotid duct
- Superficial temporal: anterior, lateral aspect of crania



Superficial Arteries and Veins of Face and Scalp

Internal Carotid

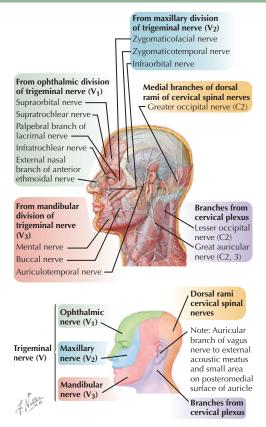
- Anterior cerebral
 - Ophthalmic artery: supraorbital, supratrochlear, anterior and posterior ethmoid branches
- Middle cerebral

Other

- Vertebral: basilar, pontine, posterior and inferior cerebellar, posterior cerebral, posterior communicating branches
- Facial: face richly perfused, with anastomoses across midline, anterior to posterior, and between intra- and extracranial branches
- Kiesselbach's area/plexus: anterior inferior nasal septal region, anastomoses between superior labial (facial), sphenopalatine, palatine (maxillary), and anterior ethmoid (anterior cerebral via ophthalmic) branches; frequent site of epistaxis

Venous Drainage Internal Jugular Vein Common Facial Vein

- Tributaries
 - Facial: superior, inferior labial, deep facial, external nasal, angular ← orbital, inferior and superior palpebral
 - Submental
 - Retromandibular: superficial temporal, middle temporal, maxillary
- Pterygoid venous plexus of deep face connects with deep facial and maxillary veins and with cavernous sinus via connections through foramen ovale.
- Facial veins have no valves: potential route for spread of infection from face and deep venous



Cutaneous Nerves of Head and Neck

- sinuses to intracranial sinuses (e.g., cavernous sinus via angular and orbital veins)
- · Common facial connects to external jugular vein

External Jugular Vein

Drains posterior auricular

Innervation of the Head and Neck

- Cranial nerve deficits may be associated with specific regional fractures, trauma
- Olfactory (I): special somatic sensory to superior nasal cavity; foramina: cribriform plate of ethmoid; intranasal CSF leakage, anosmia with ethmoid fracture
- · Optic (II): foramen-optic canal (sphenoid)
- Oculomotor (III), trochlear (IV): motor to extraocular muscles, travel through cavernous sinus, superior orbital fissure (sphenoid bone), and orbit
- Trigeminal nerve (V): sensory to most of face and head, superficial and deep, including sinuses and supratentorial dura; motor to muscles of mastication, tensor palati, and tensor tympani
 - Ophthalmic division: foramen—superior orbital fissure (sphenoid bone)
 - Maxillary division: foramen rotundum (sphenoid bone)
 - Mandibular division: foramen ovale (sphenoid bone)
- Abducens (VI): runs along clivus and through cavernous sinus and superior orbital fissure to lateral rectus; clival fracture can cause lateral gaze paralysis
- Facial (VII)
 - Supplies muscles of facial expression and stapedius

- Carries visceromotor fibers to lacrimal and submandibular and sublingual salivary glands
- Taste afferents for anterior 2/3 of tongue
- Exits stylomastoid foramen (temporal bone)
- Acousticovestibular (vestibuloacoustic, auditory) (VIII): from cochlea and vestibular apparatus (labyrinth) in temporal bone; nerve enters internal acoustic meatus (temporal bone)
- Glossopharyngeal (IX): taste and common sensation from posterior third of tongue and tonsillar fossa; exits jugular foramen (between temporal and occipital bones)
- Vagus (X): motor to palate, pharynx and larynx, thoracoabdominal viscera; exits jugular foramen (between temporal and occipital bones)
- (Spinal) accessory (XI): motor to sternomastoid and trapezius muscles; exits jugular foramen (between temporal and occipital bones)
- Hypoglossal (XII): motor to tongue muscles except for palatoglossus (X); exits hypoglossal canal (anterior supracondylar occipital bone)
- Cervical nerves
 - No C1 dermatome exists.
 - C2 spinal nerve: sensory to skull, skin from vertex down, infratentorial dura, parotid (auriculotemporal nerve), and infratemporal skin
 - C3 spinal nerve: sensory to suboccipital region

CLINICAL CORRELATES

Skull Fractures

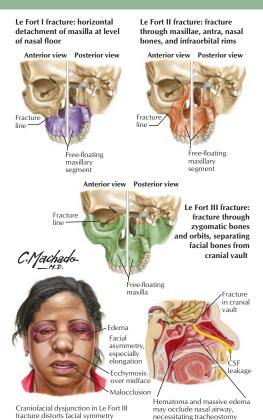
Classification

- Linear: fracture line is distinct
- Comminuted: multiple fragments, may be depressed with compression of dura and brain (image)





Compound Depressed Skull Fractures



Mid-face Fractures

- Basilar: in skull base
- Diastasis: fracture along a suture

Compound

- A compound fracture is any fracture communicating with scalp laceration, sinuses, or middle ear.
- Depressed compound fractures require surgical treatment.

Middle Meningeal Artery

- Underlies sphenoid, parietal, temporal bones
- May be lacerated with fractures at pterion, resulting in epidural hematoma

Facial Fractures

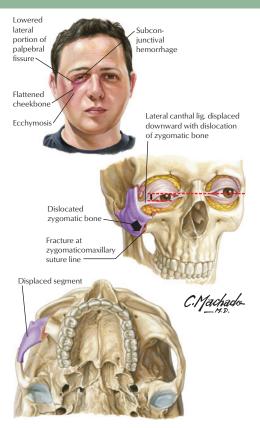
- Nasal fractures are most common (3rd most common fracture overall).
- · Blowout fracture of orbit
 - Pressure of direct blunt trauma to eye fractures superior maxilla.
 - Entraps orbital fat, inferior rectus or inferior oblique in antrum
 - Impairs upward gaze

Mid-face Fractures

 Consequence of high-energy impact with midface (e.g., motor vehicle accident)

Le Fort Classification

- I: horizontal detachment of maxilla along nasal floor
- II: pyramidal fracture of maxilla, including nasal bones, antra, infraorbital rims, orbital floors



Zygomatic Fractures

 III: pyramidal fractures as in II, with both zygomatic bones; may be accompanied by airway problems, nasolacrimal obstruction, CSF leakage

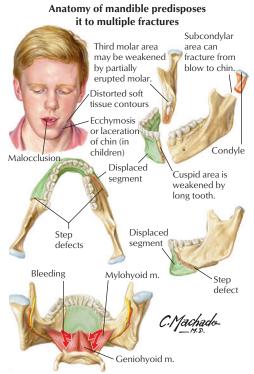
Zygomatic Fractures

- Trauma to cheek can disrupt zygomatic articulations with frontal, maxilla, sphenoid, and temporal bones.
- Frontal and maxillary suture line fractures are common, with displacement inferiorly, medially, or posteriorly.
- Displacement of canthic ligament with lower margin of orbit may be associated with ipsilateral ocular and visual changes and diplopia.
- Hyphema (anterior chamber blood from hemorrhage) from associated eye impact

Mandible Fractures

- Second most commonly fractured facial bone (after nasal)
- Multiple fractures are common (50%), favored by U shape and bilateral articulations
- Most common sites are cuspid (canine) and 3rd molar regions.
- Ecchymosis (blood leakage) is common in loose tissues of floor of mouth.

See next page



Bleeding caused by fracture is trapped by fanlike attachment of mylohyoid musculature to mandible, and presents clinically as ecchymosis in floor of mouth.

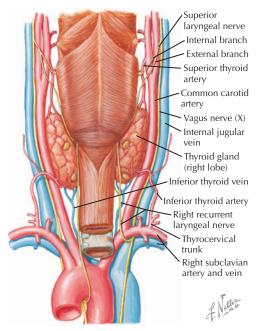
Mandibular Fractures

THYROID AND PARATHYROID ANATOMY

Thyroid

- Thyroid typically consists of right and left lobes, connected by a midline isthmus, with an ascending pyramidal lobe in about 50% of cases.
- Location
 - Immediately anterior and lateral to trachea, from about 5th cervical vertebra to 1st thoracic vertebra
 - Medial to internal jugular veins
 - Anterior to common carotid arteries
 - Deep to infrahyoid muscles: sternohyoid (medial), omohyoid, sternothyroid (lateral)
 - Infrahyoid muscles embedded in pretracheal fascia, deep to investing fascia of neck (superficial layer of deep fascia)
- Connective tissue (true) capsule is continuous with the septa dividing the stroma of the gland.
- Surgical (false) capsule lies external to the true capsule and is derived from the pretracheal fascia.
- Of the overlying strap muscles, the sternohyoid is most superficial, overlying the sternothyroid and thyrohyoid.
- Thyroid follicular (epithelial/principal) cells secrete thyroxine (T₄) and triiodothyronine (T₃), regulated by TSH receptors.

Posterior view



Thyroid Gland and Pharynx: Posterior View

- Thyrotropin-releasing factor or hormone (TRF or TRH) from hypothalamus controls TSH release from pituitary.
- Parafollicular (C) cells secrete calcitonin.

Parathyroids

- Superior parathyroid glands usually lie between the true capsule of the thyroid and its investing surgical (false) capsule fascia.
- Inferior parathyroid glands might lie between the true and false capsules, within the thyroid parenchyma, or on the outer surface of the surgical capsule.

VESSELS AND LYMPHATICS

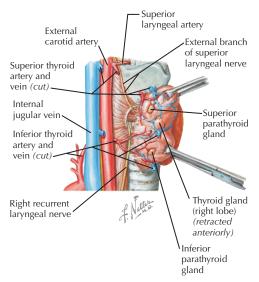
Arterial Supply

- Superior thyroid arteries arise bilaterally from the external carotid arteries at, above, or below the bifurcation of the common carotid.
- Inferior thyroid arteries arise bilaterally from the thyrocervical trunks (branches of the subclavians) or occasionally directly from the subclavian arteries
- Thyroid ima artery (1% of patients)
 - Variable, unpaired, anterior to trachea
 - Supplies isthmus
 - Can arise from brachiocephalic, right common carotid, or aortic arch: important consideration in tracheostomy

Venous Drainage

- Thyroid vein plexus is in the substance of the gland and on its surface.
- Thyroid plexus is drained by 3 main pairs of veins.

Right lateral view



Blood Vessels and Parathyroid Glands

- Superior thyroid veins: accompany superior thyroid arteries
- Middle thyroid veins: occasionally double or absent, arise posterolaterally, drain independently
- Inferior thyroid veins: largest, drain inferiorly

Lymphatic Drainage

- Vessels in interlobular connective tissue parallel the arterial supply
- · Communicate with capsular network
- Drainage into prelaryngeal, pretracheal, and paratracheal nodes, then into superior and inferior deep cervical nodes
- Lateral drainage directly into inferior deep cervical nodes
- Some drainage into brachiocephalic nodes, trunks, or thoracic duct

CLINICAL CORRELATES

Thyroidectomy

- Partial or total removal of the thyroid may be indicated for refractory severe hyperthyroidism, Graves' disease, nodules, or cancer.
- Recurrent laryngeal nerves are at risk during surgery.

Recurrent Laryngeal Nerve

- Nerve ascends from the thoracic outlet, in or near the tracheoesophageal groove.
- Course past the inferior thyroid artery is highly variable: it can pass anterior, between, or posterior to the artery's bifurcation into anterior and posterior branches.

Thyroid Cancer

 Rare, but most common endocrine malignancy in the United States

Types of Thyroid Cancer

- Thyroid adenomas
- Follicular adenomas