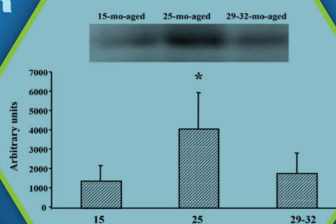


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*This book is dedicated to the memory of Dr. Maurice Arnal and Professor Bernard Beaufrère. Gifted with imagination and vision and exemplars of scientific rigor, both were renowned scientists in the field of amino acid and protein metabolism, to which they made outstanding contributions. In spirit they were humanists and at all times retained a sense of humility. In 1992, Dr. Arnal created the Human Nutrition Research Center in Clermont-Ferrand, which is now one of the most active in France. Professor Bernard Beaufrère joined Dr. Arnal's project to become assistant director and then director until his untimely death in 2002.*

*For me, it was a privilege and a pleasure to work with two men of such exceptional qualities and throughout my career as a scientist I have attempted to apply their high standards to all areas of my work.*



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# Preface

This book gathers advanced expertise on the most significant aspects of glutamine metabolism and its health implications. Its aim is to present fully up-to-date coverage of research in this field.

This book is didactically orientated and addressed to nutritionists with a research interest in amino acids, glutamine, or catabolic states; graduate students in nutrition; medical students and postdoctoral researchers in nutrition, biology, and medicine; dieticians and pharmacists looking for a comprehensive update on glutamine; and clinicians with an interest in catabolic states and/or artificial nutrition. Readers will be interested in finding out about experimental research in the most advanced areas of glutamine metabolism, and in its designation as conditionally essential, as a regulator of cellular function, as a therapeutic nutrient to improve mucosal recovery in the intestine during certain diseases or aging, as a potential adjuvant in patient therapy, and as a potential metabolic target in cancer therapy and imaging.

Such a book can only come into being through the efforts of many people. I would like to acknowledge the efforts of the contributors who enthusiastically accepted to participate in this project and for their understanding and willing cooperation during the preparation of this book. I must also thank Morey Haymond for readily agreeing to write the introduction. I am deeply grateful to Maurice Arnal, without whose initial efforts and foresight, this book would never have gotten off the ground. His help and support throughout my career and up to his death in 2000 was invaluable. I am greatly indebted to Bernard Beaufrère who believed in me and gave me the confidence to take up research. My thanks go to Philip Calder, a firm supporter who was instrumental in turning my thoughts on glutamine metabolism into a book. I would like to thank Kevin Brindle for critically reading the manuscript and providing valuable comments to improve the relevance of the chapter on the use of hyperpolarized  $^{15}\text{N}$  glutamine as a new therapeutic target in cancer. I would like also to thank Marc Ferrara, director of the Human Nutrition Unit to which I belong, who allowed me to embark on this project. I am grateful to Blandine Tamboise, for secretarial assistance in the preparation of this book. Finally, I would like to thank my husband, Christian, and my daughters, Audrey-Marie and Marie-Anaïs, for their total support and their patience during the hours I spent at my computer and not with them.

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# Editor

**Dominique Meynial-Denis** studied biochemistry and molecular biology at the University Paul Sabatier of Toulouse, France and earned her PhD on intermolecular interactions between drug and plasma proteins using magnetic resonance spectroscopy (MRS) at the same University in 1985. Since 1986, she has worked as a scientist at the National Institute of Agricultural Research (INRA) in Clermont-Ferrand in the Department of Human Nutrition. She began specialist research into sarcopenia and aging in 1994. She applied MRS in work on metabolic pathways of amino acids in muscle during aging. Meynial-Denis earned a second PhD in 1998 on amino acid fluxes throughout skeletal muscle during aging. More recently, her main interest has been the effect of glutamine supplementation in advanced age. She is a member of the Société de Gérontologie et de Gériatrie (SFGG), of the International Association of Gerontology and Geriatrics (IAGG), of the Société Française de Nutrition Entérale et Parentérale (SFNEP), of the Société Européenne de Nutrition Clinique et Métabolisme (ESPEN), and of the Société Française de Nutrition (SFN). She is a regular referee for different international nutrition journals. As an editor of books that give an overview of latest scientific findings from recognized international experts she aims to enhance the status of research in the field.



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