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# Practical Pulmonary Pathology

A Diagnostic Approach



Kevin O. Leslie Mark R. Wick



# **Practical Pulmonary Pathology**

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# Practical Pulmonary Pathology A Diagnostic Approach

**SECOND EDITION** 

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This work is dedicated to my wife, Peggy, and our children, Katie and Amy, whose support and tolerance over the years have made this work possible. I am also thankful for my good fortune in knowing Dr. Tom Colby, longtime friend, colleague, and mentor, and for the hundreds of pathologists and pulmonologists whose patients have provided me with insight and inspiration over the years.

-KOL

Many thanks are due to my wife, Jane, and my children, Morgan, Robert, and Kellyn, for generously giving of their time with me so that edition 2 could be completed. In addition, I would like to dedicate the current text to the memory of Philip E. Bernatz, MD (1921–2010), who was a wonderful mentor, colleague, and friend.

-MRW

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# **Series Preface**

It is often stated that anatomic pathologists come in two forms: "Gestalt"-based individuals, who recognize visual scenes as a whole, matching them unconsciously with memorialized archives; and criterion-oriented people, who work through images systematically in segments, tabulating the results—internally, mentally, and quickly—as they go along in examining a visual target. These approaches can be equally effective, and they are probably not as dissimilar as their descriptions

would suggest. In reality, even "Gestaltists" subliminally examine details of an image, and, if asked specifically about particular features of it, they are able to say whether one characteristic or another is important diagnostically.

In accordance with these concepts, in 2004 we published a textbook entitled *Practical Pulmonary Pathology: A Diagnostic Approach* (PPPDA). That monograph was designed around a *pattern-based* method, wherein diseases of the lung were divided into six categories on the basis of their general image profiles. Using that technique, one can successfully segregate pathologic conditions into diagnostically and clinically useful groupings.

The merits of such a procedure have been validated empirically by the enthusiastic feedback we have received from users of our book. In addition, following the old adage that "imitation is the sincerest form of flattery," since our book came out, other publications and presentations have appeared in our specialty with the same approach.

After publication of the PPPDA text, representatives at Elsevier, most notably William Schmitt, were enthusiastic about building a *series* of texts around pattern-based diagnosis in pathology. To this end we have recruited a distinguished group of authors and editors to accomplish that task. Because a panoply of patterns is difficult to approach mentally from a practical perspective, we have asked our contributors to be complete and yet to discuss only principal interpretative images. Our goal is to eventually provide a series of monographs that, in combination with one another, will allow trainees and practitioners in pathology to use salient morphologic patterns to reach with confidence final diagnoses in all organ systems.

As stated in the introduction to the PPPDA text, the evaluation of dominant patterns is aided secondarily by the analysis of cellular composition and other distinctive findings. Therefore, within the context of each pattern, editors have been asked to use such data to refer the reader to appropriate specific chapters in their respective texts.

We have also stated previously that some overlap is expected between pathological patterns in any given anatomic site; in addition, specific disease states may potentially manifest themselves with more than one pattern. At first, those facts may seem to militate against the value of pattern-based interpretation. However, pragmatically, they do not. One often can narrow diagnostic possibilities to a very few entities using the pattern method, and sometimes a single interpretation will be obvious. Both of those outcomes are useful to clinical physicians caring for a given patient.

It is hoped that the expertise of our authors and editors, together with the high quality of morphologic images they present in this Elsevier series, will be beneficial to our reader-colleagues.

> Kevin O. Leslie, MD Mark R. Wick, MD

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# Preface

It has been 5 years since *Practical Pulmonary Pathology: A Diagnostic Approach* (PPPDA) was first published. We are happy to report that the original version of this book was warmly received, with a distribution of approximately 8000 copies. Readers seemed to find our patternbased approach to be a useful one in the daily practice of anatomic pathology, judging by the direct feedback we received. We also were honored when PPPDA won the 2005 Textbook of the Year Award from the Royal Society of Medicine and Royal Society of Authors.

In light of these successes, and in view of the fact that hospital pathology continues to grow rapidly in scope and complexity, we decided to prepare a second edition of our book. Several features are new to this edition. These include inevitable additions to, and revisions of, the prior text because of advances in our understanding of the pertinent disease processes. Corresponding references have been added, and they are current through mid-2010. Moreover, many illustrative photomicrographs have been changed. In an effort to improve the visual presentation of the topics discussed. Finally, self-assessment questions tied to all the chapters in the current book have been compiled and are available online. It is hoped that these questions will be useful to pathologists in their maintenance of certification and as a reflection of their mastery of the information in the book.

As before, we begin with the general patterns of disease and then add key morphologic findings that assist the reader in focusing on appropriate sections of the book where similar findings are discussed. This approach is facilitated by a structural overlay that limits the patterns. We have found that six general patterns occur, and these are best appreciated at scanning magnification with the microscope. We could begin at an even lower "magnification" using the high-resolution computed tomogram (CT), and this is what our radiology colleagues commonly do as they assemble a differential diagnosis based on observed findings in this medium (see Chapter 3). In practice, the CT images may not be readily available to the pathologist at the time the biopsy is interpreted; so for our six pathology patterns, we begin with a tissue section mounted on a glass slide.

An overview of the six patterns is presented, and each pattern is then illustrated in the pages that follow. Most of the patterns were devised to navigate the "diffuse lung diseases" commonly referred to as *interstitial lung diseases* or *ILD*. Given the tumefactive nature of neoplasms, these are heavily represented in Pattern 5 (Nodules), but some nonneoplastic diseases, such as sarcoidosis, nodular infections, Wegener's granulomatosis, and certain neumoconioses, may also manifest as a nodular pattern. Rarely, neoplasms can present as diffuse "interstitial" lung disease clinically and radiologically.

A basic knowledge of the two-dimensional structure of the lung is essential for accurately assessing patterns of disease. We assume that the reader is familiar with basic lung anatomy by the time a diagnostic problem is being evaluated in the patient care setting, but a brief review is always helpful (see Chapter 1).

Once the overriding or dominant pattern is recognized, the diagnostician assesses the cellular composition and any other distinctive findings that accompany the pattern. In the case of a tumor forming a nodular mass, the presence of prominent spindled cells, or large granular cells, or clear cells provides a direction for creating a differential diagnosis. Within each pattern, we have attempted to use such qualifying elements to direct the reader to the appropriate chapter for further study, reasonably confident that the answer will lie within. For the unusual finding not identified in the list for a given pattern, the reader is directed to the appendix, where we have assembled a "visual encyclopedia" of distinctive findings and artifacts.

Naturally, overlap occurs between patterns, and this too can be a useful guide to the correct diagnosis. For example, some infections are both *nodular* and have *airspace filling* (e.g., botyromycosis, aspiration pneumonia), whereas others are characterized by *acute lung injury* and *diffuse airspace filling* (e.g., pneumoccocal pneumonia, pneumocystis pneumonia.) In fact, some diffuse inflammatory conditions in the lung may manifest five of the six patterns, in different areas of the same biopsy (e.g., rheumatoid lung). Nevertheless, as more and more information is accrued from the biopsy, the differential diagnosis becomes more limited. In some cases, it may be necessary to include several possibilities in the final diagnosis, especially for the non-neoplastic diseases, where the effect of ancillary data not available at the time of diagnosis may be very large.

Once again, we are grateful to all of the authors who generously and diligently updated their chapters in the second edition of PPPDA. In addition, many thanks are due to our colleagues at the Mayo Clinic and the University of Virginia for their strong support of this project. Finally, this work could not have reached fruition without the valuable help of our editor, William Schmitt of Elsevier, and the editorial and production expertise of Peggy Gordon and Clay Cansler.

> Kevin O. Leslie, MD Mark R. Wick, MD

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# **Pattern-Based Approach to Diagnosis**

A fundamental truth about medical textbooks is that they are often not read from beginning to end once a student of medicine has progressed beyond the basic medical school curriculum. In the practice of medicine, textbooks are more commonly used as references for learning about a disease or entity that a clinician suspects a patient may have based on history, physical findings, and imaging/laboratory data gleaned from an initial screening evaluation. The disease-based textbook is analogous to a dictionary or encyclopedia, both of which are much easier to use if a person already has a good idea of what he or she is investigating.

Today, the vast majority of diagnosis-oriented medical textbooks continue to exist as compendia of individual diseases, more or less grouped by the anatomical compartment or structure affected (e.g., brainstem diseases, bile duct diseases, glomerular diseases) or a common mechanism if one is discernible (e.g., inflammatory diseases, neoplastic diseases). Typically, the discussion of each disease begins with a historical introduction, continues with the characteristics of the disease, and ends with the treatment and prognosis. This book is no different, but the authors have added this introductory material as a tool to help navigate the contents. The approach is based on the premise that six primary histopathologic patterns exist for all lung diseases. Identifiable using the low-magnification microscope objective lens, these patterns serve as the introductory image of the disease process (in truth, chest imaging with high-resolution computed tomography is an even better place to begin-see Chapter 3). Once the primary pattern is recognized, the histopathologist must collect additional findings from the biopsy specimen. With the primary pattern and secondary attributes in hand, a cogent differential diagnosis can be proffered. This process is significantly enhanced by knowledge of the clinical presentation and imaging characteristics, but if these are not available when the slides are being examined, they still can be useful for narrowing the differential diagnosis after the histopathology has been evaluated. A detailed analysis on the use of clinical, radiologic, and histopathologic data in the evaluation of the diffuse medical lung diseases (often referred to as interstitial lung diseases, or ILDs) is available for the interested reader (open access file for download).\* The Worksheet for the Pattern-Based Approach to Lung Disease, located on page xvi, is a printable form for organizing these data.

A basic knowledge of the two-dimensional structure of the lung is essential for accurately assessing patterns of disease. We assume that the reader is familiar with basic lung anatomy by the time a diagnostic problem is being evaluated in the patient care setting, but a brief review is always helpful (see Chapter 2). An overview of the six major patterns is provided (page xvii), followed by illustrations of each pattern. The pattern-based approach presented here was devised mainly to assist in the interpretation of the diffuse lung diseases, commonly referred to as ILDs. Given the tumefactive nature of neoplasms, these are heavily represented in Pattern 5 (Nodules), but some non-neoplastic diseases, such as sarcoidosis, nodular infections, Wegener granulomatosis, and certain pneumoconioses, may also manifest a nodular pattern. Rarely, neoplasms can present as diffuse ILD clinically and radiologically (e.g., lymphangitic carcinoma, intravascular lymphoma). Within each of the major patterns, the authors have provided the reader with the appropriate chapters and relevant pages in the book for further study, reasonably confident that the answer (or approach) to a particular diagnostic problem will be present. There are diagnostic considerations for which no specific chapter or page number is provided. Some of these may require reference to another source. For the distinctive or unusual finding not identified in the list for a given major pattern, the reader is directed to the Appendix, where the authors have assembled a "visual encyclopedia" of distinctive findings and artifacts encountered in the course of microscopic evaluation.

As every diagnostic pathologist knows, overlap occurs between diseases, and sometimes this overlap can be useful in establishing the correct diagnosis. For example, some infections are both nodular (Pattern 5) and have airspace filling (e.g., botryomycosis, aspiration pneumonia), whereas others are characterized by acute lung injury and diffuse airspace filling (e.g., pneumococcal pneumonia, pneumocystis pneumonia). In fact, some diffuse inflammatory conditions of the lung may manifest all of the six patterns, in different areas of the same biopsy (e.g., rheumatoid lung). In some cases, it may be necessary to include several possibilities in the final diagnosis, especially for the non-neoplastic diseases, where the effect of ancillary data not available at the time of diagnosis may be very large. The exposition begins with Pattern 1 (Acute Lung Injury), because this is the pattern that dominates all others and is most often the reason a biopsy was performed at all.

<sup>\*</sup>See Leslie KO: My approach to interstitial lung disease using clinical, radiological and histopathologic patterns. J Clin Pathol. 2009;62(5):387-401.

### Worksheet for the Pattern-Based Approach to Lung Disease

#### **Patient Information**

Age: \_\_\_\_\_ Gender: Male Female

#### **Disease Onset**

Acute (hours to days) Subacute (weeks to a few months)

#### Character of Infiltrate(s) on CT Scan

Nodular Ground glass Consolidation Reticular Honeycombing

#### **Biopsy Information**

Transbronchial biopsy Cytology specimen

Surgical wedge biopsy

#### Lung Pathology Pattern

#### Pattern 1 (Acute Lung Injury)

With hyaline membranes (DAD)
With necrosis (infection)
With fibrin and organization only (infection, CVD, drug, EP)
With siderophages (infection, CVD, drug, EP)
With background fibrosis (acute on chr disease ddx)
With vasculitis (infection, DAH, CVD, drug, EP)
With eosinophils (infection, drug, EP)

#### Pattern 3 (Cellular Infiltrates)

With lymphocytes and plasma cells (NSIP ddx) With neutrophils (infection, DAH, drug) With fibrin and organization (infection, CVD, drug) With granulomas (infection, HP, hot tub, drug, LIP ddx) With background fibrosis (NSIP ddx, chr drug) With vasculitis (infection, CVD, DAH) With pleuritis (CVD)

#### Pattern 5 (Nodules)

With granulomas (infection, sarcoid, aspir) With lymphoid cells (lymphoma, PLCH, WG) With necrosis (infection, tumor, infarction) With atypical cells (virus, tumor, EP) With OP (infection, aspir, idiop nod OP) With vasculitis (infection, WG) With stellate scars (PLCH)

#### Pattern 2 (Fibrosis)

Chronic (months to years)

With temporal heterogeneity (UIP) With diffuse septal fibrosis (NSIP ddx) With granulomas (sarcoid, chr HP) With acute lung injury (acute on chr disease ddx) With honeycombing only (many causes) With pleuritis (CVD)

#### Pattern 4 (Alveolar Filling)

With macrophages (EP, SRILD, aspir) With granulomas (infection, hot tub, aspir) With giant cells only (aspir, EP, hard metal) With neutrophils (infection, aspir, DAH capil) With eosinophilic material (PAP, PAM, edema) With blood only (artifact) With blood + siderophages (DAH, IPH, smoker) With OP (infection, drug, CVD, COP)

#### Pattern 6 (Minimal Changes)

With small airways disease (OB) With vascular disease (PHT, VOD) With cysts (PLCH, LAM) With no specific findings (sampling)

aspir, aspiration; chr, chronic; COP, cryptogenic organizing pneumonia; CVD, collagen vascular disease; DAD, diffuse alveolar damage; DAH, diffuse alveolar hemorrhage with capillaritis; ddx, differential diagnosis; drug, drug toxicity; EP, eosinophilic pneumonia; hard metal, cobalt-associated hard metal disease; hot tub, "hot tub" lung; HP, hypersensitivity pneumonitis; idiop, idiopathic; IPH, idiopathic pulmonary hemosiderosis; LAM, lymphangioleiomyomatosis; LIP, lymphoid interstitial pneumonia; nod, nodular; NSIP, nonspecific interstitial pneumonia; OB, obliterative bronchiolitis (constrictive bronchiolitis); OP, organizing pneumonia; PAM, pulmonary alveolar microlithiasis; PAP, pulmonary alveolar proteinosis; PLCH, pulmonary Langerhans cell histiocytosis; UIP, usual interstitial pneumonia; smoker, changes related to cigarette smoking; SRILD, smoking-related interstitial lung disease; virus, viral infection; VOD, veno-occlusive disease; WG, Wegener granulomatosis.

Pattern	Diseases to Be Considered
Acute lung injury	Diffuse alveolar damage (DAD)InfectionEosinophilic pneumoniaDrug toxicityCertain systemic connective tissue diseasesDiffuse alveolar hemorrhageIrradiation injuryIdiopathic (acute interstitial pneumonia)Acute hypersensitivity pneumonitisAcute aspiration pneumoniaIdiopathic acute fibrinous and organizing pneumonitis
Fibrosis	Usual interstitial pneumonia (UIP) Collagen vascular diseases Chronic eosinophilic pneumonia Chronic drug toxicity Chronic hypersensitivity pneumonitis Nonspecific interstitial pneumonia (NSIP) Smoking-related ILD/advanced Langerhans cell histiocytosis Sarcoidosis (advanced) Pneumoconioses Erdheim-Chester disease Hermansky-Pudlak syndrome Idiopathic pleuroparenchymal fibroelastosis Idiopathic airway-centered fibrosis
Chronic cellular infiltrates	Hypersensitivity pneumonitisNonspecific interstitial pneumonia (NSIP)Systemic connective tissue diseasesCertain chronic infectionsCertain drug toxicitiesLymphocytic and lymphoid interstitial pneumoniaLymphomas and leukemiasLymphangitic carcinomatosis
Alveolar filling	Infections Airspace organization (organizing pneumonia) Diffuse alveolar hemorrhage Desquamative interstitial pneumonia (DIP) Respiratory bronchiolitis-associated ILD Alveolar proteinosis Dendriform (racemose) calcification Alveolar microlithiasis Mucostasis and mucinous tumors
Nodules	Infections (mycobacterial and fungal, primarily) Primary and metastatic neoplasms Wegener granulomatosis Sarcoidosis/berylliosis Aspiration pneumonia Pulmonary Langerhans cell histiocytosis
Nearly normal biopsy	Chronic small airways disease (as constrictive bronchiolitis) Vasculopathic diseases Lymphangioleiomyomatosis (LAM) Other rare cystic diseases

# Pattern 1 Acute Lung Injury



**Elements of the pattern:** The lung biopsy shows patchy or diffuse edema, fibrin, and reactive type 2 cell hyperplasia. The dominance of non-cellular, protein-rich material imparts an overall red or pink appearance to the biopsy at scanning magnification (in routine hematoxylin-eosin stained sections).

Special stains for organisms are required for all lung specimens that show acute injury.

Additional Findings	Diagnostic Consideration	Chapter:Page
Hyaline membranes	Diffuse alveolar damage	Ch. 5:117
Necrosis in parenchyma	Infection Some tumors Infarct	Ch. 5:120 Ch. 16:584 Ch. 10:363
Necrosis in bronchioles	Infections Acute aspiration	Ch. 5:123; Ch. 8:287 Ch. 8:284
Fibrin in alveoli	Diffuse alveolar damage Drug toxicity Connective tissue disease Infection	Ch. 5:120 Ch. 5:128 Ch. 5:131 Ch. 5:123; Ch. 6:192
Eosinophils in alveoli	Eosinophilic lung diseases	Ch. 5:129; Ch. 7:239
Siderophages in alveoli	Diffuse alveolar hemorrhage Drug toxicity Infarct	Ch. 5:131; Ch. 10:366 Ch. 10:367 Ch. 6:143; Ch. 10:363
Fibrinous pleuritis	Connective tissue diseases Eosinophilic pneumonia Pneumothorax	Ch. 5:126 Ch. 5:129 Ch. 7:260
Neutrophils	Infections Capillaritis in diffuse alveolar hemorrhage	Ch. 5:133 Ch. 10:370
Atypical cells	Acute lung injury Viral infections Leukemias Intravascular lymphoma	Ch. 5:133 Ch. 5:134 Ch. 15:508 Ch. 15:525
Fibrin + vacuolated macrophages	Infection Drug toxicity Connective tissue diseases	Ch. 6:163 Ch. 5:128 Ch. 5:128

### Pattern 1 Acute Lung Injury

## Pattern 2 Fibrosis



**Elements of the pattern:** The lung biopsy is involved by variable amounts of fibrosis. As in Pattern 1, the biopsy tends to be more pink than blue at scanning magnification, as a result of collagen deposition (in routine hematoxylin-eosin stained sections). Some fibrosis patterns are accompanied by chronic inflammation that may impart a blue tinge to the process, or even dark blue lymphoid aggregates.

Significant lung fibrosis is always associated with some degree of structural remodeling. Avoid diagnosing "fibrosis" on transbronchial biopsies.

### Pattern 2 Fibrosis

Additional Findings	Diagnostic Consideration	Chapter:Page
Hyaline membranes	"Acute on chronic" disease Infection on fibrosis Drug toxicity on fibrosis Connective tissue disease in "exacerbation" Acute exacerbation of idiopathic pulmonary fibrosis (IPF)	Not specifically addressed Ch. 7:218
Microscopic honeycombing	Usual interstitial pneumonia (UIP) Hypersensitivity pneumonitis Connective tissue disease	Ch. 7:215 Ch. 7:252 Ch. 7:231
Prominent bronchiolization	Pulmonary Langerhans cell histiocytosis Respiratory bronchiolitis ILD Connective tissue diseases Chronic hypersensitivity pneumonitis Small airways disease Chronic aspiration	Ch. 7:257 Ch. 7:225 Ch. 7:231 Ch. 7:252 Ch. 8:296 Ch. 7:251; Ch. 8:287
Uniform alveolar septal fibrosis	Connective tissue diseases Postirradiation	Ch. 7:231 Not specifically addressed
Peripheral lobular fibrosis	UIP/IPF Erdheim Chester disease Rosai-Dorfman disease Chronic eosinophilic pneumonia	Ch. 7:215 Ch. 7:260 Ch. 18:252 Ch. 7:239
Siderophages in alveoli	Chronic cardiac congestion Chronic venous outflow obstruction Chronic hemorrhage in connective tissue disease Chronic hemorrhage in bronchiectasis Pneumoconiosis Pulmonary Langerhans cell histiocytosis Smoking-related interstitial lung disease Chronic renal dialysis Idiopathic pulmonary hemosiderosis	Not specifically addressed Not specifically addressed Ch. 7:235 Not specifically addressed Ch. 9:314 Ch. 7:257 Ch. 7:228 Not specifically addressed Ch. 10:370
Fibrinous pleuritis	Connective tissue disease Eosinophilic pleuritis in pneumothorax	Ch. 7:231 Ch. 7:260; Appendix:768
Prominent non-necrotizing granulomas	Sarcoidosis	Ch. 7:250
Many vacuolated cells	Chronic airway obstruction Drug toxicity Hermansky-Pudlak syndrome Genetic storage diseases	Not specifically addressed Not specifically addressed Ch. 7:263 Ch. 4:112
Prominent chronic inflammation	Nonspecific interstitial pneumonia (NSIP) Rheumatoid arthritis and other connective tissue diseases	Ch. 7:221 Ch. 7:231
Airway-centered scarring	Pulmonary Langerhans cell histocytosis Pneumoconiosis Chronic hypersensitivity pneumonitis Connective tissue diseases Idiopathic airway-centered fibrosis Idiopathic pleuroparenchymal fibroelastosis Chronic aspiration	Ch. 7:257 Ch. 8:298 Ch. 7:252 Ch. 7:231 Not specifically addressed Ch. 7:268 Ch. 7:251; Ch. 8:287

### Pattern 3 Chronic Cellular Infiltrates



**Elements of the pattern:** The lung biopsy is dominated by interstitial chronic inflammation and variable reactive type 2 cell hyperplasia. The dominance of mononuclear infiltrates may impart an overall blue appearance to the biopsy at scanning magnification (in routine hematoxylin-eosin stained sections).

### Pattern 3 Chronic Cellular Infiltrates

Additional Findings	Diagnostic Consideration	Chapter:Page
Hyaline membranes	"Acute on chronic" connective tissue disease Drug toxicity Diffuse alveolar hemorrhage	Ch. 5:126 Ch. 5:128 Ch. 10:366
Necrosis in parenchyma	Viral and fungal infections Aspiration Infarction in antiphospholipid syndrome	Ch. 6:166, 187 Ch. 6:150; Ch. 8:284 Ch. 7:236
Necrosis in bronchioles	Viral infections Aspiration	Ch. 6:187 Ch. 6:150; Ch. 8:284
Poorly formed granulomas (small and non-necrotizing)	Hypersensitivity pneumonitis (subacute) Atypical mycobacterial infection "Hot tub lung" Lymphoid interstitial pneumonia Drug toxicity	Ch. 7:252 Ch. 7:254 Ch. 6:164 Ch. 7:229 Ch. 7:242
Well formed necrotizing granulomas	Infections Rare drug reactions Necrotizing sarcoidosis Middle lobe syndrome	Ch. 6:166 Not specifically addressed Ch. 10:357 Ch. 8:282
Eosinophils in alveoli	Eosinophilic lung diseases Smoking-related lung diseases	Ch. 5:129; Ch. 7:239 Ch. 7:228
Siderophages in alveoli	Diffuse alveolar hemorrhage Chronic cardiac congestion Drug toxicity	Ch. 10:366 Not specifically addressed Ch. 7:242
Fibrinous/chronic pleuritis	Connective tissue diseases Thoracic trauma/infection Pancreatitis-associated pleuritis	Ch. 7:231 Not specifically addressed Not specifically addressed
Patchy organizing pneumonia	Drug toxicity Connective tissue diseases Infections Cryptogenic organizing pneumonia Diffuse alveolar hemorrhage Aspiration	Ch. 7:242 Ch. 7:231 Not specifically addressed Ch. 7:223 Ch. 10:366 Ch. 6:150; Ch. 8:284
Atypical cells	Viral infections Lymphangitic carcinoma	Ch. 6:187 Ch. 7:268
Multinucleated giant cells	Hard metal disease Mica pneumoconiosis Hypersensitivity pneumonitis Intravenous drug abuse Drug toxicity Aspiration pneumonia Eosinophilic pneumonia	Ch. 9:329 Ch. 9:322 Ch. 7:252 Ch. 7:246 Ch. 7:242 Ch. 6:150; Ch. 8:284 Ch. 5:129; Ch. 7:239
Dense mononuclear infiltration	Lymphomas Lymphoid interstitial pneumonia Connective tissue diseases Hypersensitivity pneumonitis Certain infections (the atypical pneumonias)	Ch. 15:520 Ch. 7:229 Ch. 7:231 Ch. 7:252 Ch. 6:151
Lymphoid aggregates/germinal centers	Connective tissue diseases Diffuse lymphoid hyperplasia Lymphoid interstitial pneumonia Follicular bronchiolitis	Ch. 7:231 Ch. 7:230; Ch. 15:516 Ch. 7:229 Ch. 8:285

# Pattern 4 Alveolar Filling



**Elements of the pattern:** The dominant finding is alveolar spaces filled with cells or noncellular elements.

### Pattern 4 Alveolar Filling

Additional Findings	Diagnostic Consideration	Chapter:Page
Hyaline membranes and fibrin	Organizing diffuse alveolar damage	Ch. 5:117; Ch. 6:151
Necrosis and neutrophils	Bacterial infection Viral and fungal infection	Ch. 6:148 Ch. 6:166, 187
Organizing pneumonia	Organizing infection Drug toxicity Cryptogenic organizing pneumonia	Ch. 6:148 Ch. 7:242 Ch. 7:223
Fibrin and macrophages	Eosinophilic pneumonia, poststeroid Drug toxicity Connective tissue diseases Malakoplakia-like reaction	Ch. 5:129; Ch. 7:239 Ch. 7:242 Ch. 7:231 Ch. 6:143
Eosinophils and macrophages	Eosinophilic lung diseases	Ch. 5:129; Ch. 7:239
Siderophages and fibrin	Diffuse alveolar hemorrhage	Ch. 10:366
Mucin	Mucostasis in small airways disease Bronchioloalveolar carcinoma Cryptococcus infection	Ch. 8:293 Ch. 16:560 Ch. 6:171
Bone/calcification	Dendriform calcification Metastatic calcification Pulmonary alveolar microlithiasis	Ch. 7:225; Appendix:772 Appendix:772 Ch. 7:265
Atypical cells	Bronchioloalveolar carcinoma Herpesvirus infections Acute eosinophilic pneumonia Carcinomas and sarcomas	Ch. 16:560 Ch. 6:192 Ch. 5:129; Ch. 7:239 Not specifically addressed
Proteinaceous exudates	Edema Pulmonary alveolar proteinosis (PAP) PAP reactions Pneumocystis pneumonia	Not specifically addressed Ch. 7:266 Ch. 7:266 Ch. 6:177
Multinucleated giant cells	Hard metal disease Eosinophilic pneumonia Wegener granulomatosis Aspiration pneumonia	Ch. 9:329 Ch. 5:129; Ch. 7:239 Ch. 10:341 Ch.6:150; Ch. 8:284
Polypoid mesenchymal bodies resembling	Bullous placental transmogrification	Appendix:777

chorionic villi

### Pattern 5 Nodules



**Elements of the pattern:** One, or many, nodules of variable size and shape. An interface between the nodular lesion and more normal lung should be discernible. In the case of very large nodules encompassing the entire specimen, radiologic imaging can be used as part of the definition.

### Pattern 5 Nodules

Additional Findings	Diagnostic Consideration	Chapter:Page
Large neoplastic lymphoid cells	Malignant lymphoma	Ch. 15:529
Small lymphoid cells without germ centers	MALT lymphoma, low grade	Ch. 15:520
Small lymphoid cells with germ centers	Follicular bronchiolitis Diffuse lymphoid hyperplasia Intraparenchymal lymph node	Ch. 15:511 Ch. 15:511 Not specifically addressed
Giant multinucleated neoplastic cells	Sarcomatoid carcinoma Large cell undifferentiated carcinoma Primary and metastatic sarcomas Primary or metastatic pleomorphic carcinomas Primary or metastatic melanoma Giant cell tumor (primary or metastatic)	Ch. 14:445 Ch. 16:570 Ch. 14:454 Ch. 14:445 Ch. 14:478 Not specifically addressed
Primitive small round neoplastic cells	Small cell carcinoma Malignant lymphoma Small cell squamous carcinoma Metastatic tumors Ewing sarcoma Primitive neuroectodermal tumor Small cell osteosarcoma Neuroblastoma Pleuropulmonary blastoma (with cysts)	Ch. 13:422 Ch. 15:529 Ch. 15:552 Ch. 17:597 Ch. 17:626 Ch. 13:433 Ch. 17:622 Ch. 13:435 Ch. 14:491
Spindled or fusiform neoplastic cells	Primary sarcomatoid carcinoma Primary and metastatic sarcomas Lymphangioleiomyomatosis (with cysts) Inflammatory myofibroblastic tumor Benign metastasizing leiomyoma Localized fibrous tumor Extra-abdominal desmoid tumor	Ch. 14:445 Ch. 14:454 Ch. 7:261 Ch. 18:648; Ch. 19:691 Not specifically addressed Ch. 14:463 Ch. 19:702
Large pink epithelioid neoplastic cells	Poorly differentiated primary carcinomas Large cell undifferentiated carcinoma Metastatic carcinomas Metastatic sarcomas Epithelioid hemangioendothelioma Melanoma (primary or metastatic)	Ch. 16:570 Ch. 16:570 Ch. 17:606 Ch. 17:616 Ch. 14:460 Ch. 14:474
Large clear epithelioid neoplastic cells	Primary clear cell adenocarcinoma Primary squamous carcinoma Large cell carcinoma (primary) Sugar tumor Perivascular epithelioid cell tumor (PEComa) Metastatic clear cell carcinoma Metastatic clear cell sarcoma	Ch. 16:566 Ch. 16:552 Ch. 16:570 Ch. 19:703 Ch. 19:687 Ch. 17:609 Ch. 17:616

### Pattern 5 Nodules—continued

Additional Findings	Diagnostic Consideration	Chapter:Page
Large basophilic epithelial cells with peripheral palisade	Large cell undifferentiated carcinoma Large cell neuroendocrine carcinoma Basaloid large cell lung carcinoma Basaloid squamous carcinoma Certain metastatic tumors	Ch. 16:570 Ch. 13:425 Ch. 16:557 Ch. 16:557 Not specifically addressed
Glands or tubules, malignant	Primary adenocarcinoma Metastatic adenocarcinoma Carcinoid tumor (primary or metastatic) Synovial sarcoma (primary or metastatic) Fetal-type primary adenocarcinoma Carcinosarcoma (primary or metastatic)	Ch. 16:556 Ch. 17:605 Ch. 13:417 Ch. 14:469 Ch. 14:450 Ch. 14:445
Glands or tubules, benign or mild atypia	Alveolar adenoma Adenoma of type II cells Pulmonary sclerosing hemangioma Hamartoma Micronodular pneumocyte hyperplasia Adenomatoid tumor	Ch. 19:679 Ch. 19:680 Ch. 19:694 Ch. 18:645 Ch. 7:265 Ch. 19:688
Malignant heterologous elements (cartilage, bone, skeletal muscle)	Carcinosarcoma Metastatic teratocarcinoma Metastatic sarcoma	Ch. 14:445 Not specifically addressed Not specifically addressed
Distinct keratinization	Primary squamous cell carcinoma Squamous metaplasia of terminal airways Basaloid squamous cell carcinoma Adenosquamous carcinoma Metastatic squamous cell carcinoma	Ch. 15:552 Ch. 5:118, 122 Ch. 16:557 Ch. 16:570 Not specifically addressed
Pigmented cells	Cellular phase of Langerhans cell histiocytosis Primary or metastatic melanoma Melanotic carcinoid tumor Metastatic angiosarcoma (hemosiderin)	Ch. 7:257 Ch. 14:474 Ch. 13:417 Not specifically addressed
Malignant with dominant necrosis	Small cell carcinoma Sarcomatoid carcinoma (primary or metastatic) High-grade malignant lymphoma	Ch. 13:422 Ch. 14:445 Ch. 15:529
Benign with necrosis	Necrotizing infections Bacterial Fungal Mycobacterial Viral Wegener granulomatosis Churg Strauss syndrome Lung infarct	Ch. 5:120, 123; Ch. 8:287 Ch. 10:341 Ch. 10:351 Not specifically addressed

Additional Findings	Diagnostic Consideration	Chapter:Page
Benign with dominant organizing pneumonia	Nodular organizing pneumonia Aspiration pneumonia	Not specifically addressed Ch. 6:150; Ch. 8:284
Benign with well formed granulomas	Granulomatous infection Fungal Mycobacterial Bacterial (botryomycosis) Sarcoidosis/berylliosis Certain pneumoconioses Aspiration pneumonia Necrotizing sarcoidosis	Ch. 6:166 Ch. 6:250 Not specifically addressed Ch. 6:150; Ch. 8:284 Ch. 10:357
Benign with stellate airways centered lesions and variable fibrosis	Pulmonary Langerhans cell histiocytosis Certain inhalational injuries Pneumoconioses	Ch. 7:257 Not specifically addressed Not specifically addressed

# Pattern 6 Nearly Normal Lung



**Elements of the pattern:** The lung biopsy has little or no disease evident at scanning magnification.

### Pattern 6 Nearly Normal Lung

Additional Findings	Diagnostic Consideration	Chapter:Page
Thick pulmonary arteries	Pulmonary hypertension Chronic obstructive pulmonary disease	Ch. 11:377 Ch. 8:304
Cysts	Lymphangioleiomyomatosis Pulmonary Langerhans cell histiocytosis Bullous emphysema	Ch. 7:261 Ch. 7:257 Not specifically addressed
Patchy hyaline membranes	Acute lung injury, early (may be subtle)	Not specifically addressed
Airway scarring	Constrictive bronchiolitis (CB)	Ch. 8:297
Bronchiolization (bronchiolar metaplasia)	Small airways disease with or without CB	Ch. 8:297
Dilated bronchioles	Small airways disease with or without CB	Ch. 8:297
Bronchioles absent, markedly decreased, or dilated	Constrictive bronchiolitis	Ch. 8:297
Prominent emphysema	Small airways disease with or without CB	Ch. 8:297
Atypical cells	Lymphangitic and intravascular carcinoma	Ch. 7:268

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# Lung Anatomy

#### Kevin O. Leslie, MD, and Mark R. Wick, MD

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#### **Development and Gross Anatomy**

#### **Airway Development**

During early embryogenesis (at approximately day 21 after fertilization), the lungs begin as a groove in the ventral floor of the foregut (Fig. 1-1) This foregut depression becomes a diverticulum of endoderm, surrounded by an amorphous condensation of splanchnic mesoderm that lengthens caudally in the midline, anterior to the esophagus. By the fourth week of gestation, two lung buds form as distal outpouchings.<sup>1,2</sup> A series of repetitive nondichotomous branchings begins during week 5 and results in the formation of the primordial bronchial tree by the eighth week of gestation.

By 17 weeks, the rudimentary structure of the conducting airways has formed. This phase of lung development is referred to as the "pseudoglandular stage" because the fetal (postgestational week 7) lung is composed entirely of tubular elements that appear as circular glandlike structures in two-dimensional tissue sections (Fig. 1-2). The subsequent stages of development (canalicular, 13–25 weeks; terminal sac, 24 weeks to birth; and alveolar, late fetal to the age of 8–10 years) are dedicated to the formation of the essential units of respiration, the acini<sup>1-5</sup> (Fig. 1-3). The postnatal lung continues to accrue alveoli until the age of approximately 10 years (Fig. 1-4).

#### The Pleura

Immediately after their formation, the lung buds grow into the medial walls of the pericardioperitoneal canals (splanchnic mesoderm) and in doing so become invested with a membrane that will be the visceral pleura (analogous to a fist being pushed into a balloon.) In this process, the lateral wall of the pericardioperitoneal canal becomes the parietal pleura, and the compressed space between becomes the pleural space (Fig. 1-5).

#### The Lung Lobes

By the end of gestation, five well-defined lung lobes are present, three on the right (upper, middle, and lower lobes) and two on the left (upper and lower lobes).<sup>3,6,7</sup> Each of the five primary lobar buds is invested with visceral pleura. Each lobe in turn is composed of one or more segments, resulting in a total of 10 segments per lung (Fig. 1-6). The presence of the heart leads to the formation of a rudimentary third lobe on the left side termed the lingula (more properly regarded as a part of the left upper lobe than as an independent structure). In fact, the right middle lobe and the lingula are analogous structures: Each has an excessively long and narrow bronchus, predisposing these lobes to the pathologic effects of bronchial compression by adjacent lymph nodes or other masses. When such compression occurs, the consequent chronic inflammatory changes in the respective lobe are referred to as "middle lobe syndrome."<sup>8</sup>

As gestation proceeds, airway branching continues to the level of the alveolar sacs, with a total of about 23 final subdivisions (20 of which occur proximal to the respiratory bronchioles). In successive order proceeding distally, the anatomic units formed are the lung segments, secondary and primary lobules (Fig. 1-7), and finally acini. With each successive division, the resulting airway branches are smaller than their predecessors, but each has a diameter greater than 50% of the airway parent. This phenomenon leads to a progressive increase in airway volume with each successive branching and a significant reduction in airway resistance in more distal lung. The acinus consists of a central respiratory bronchiole that leads to an alveolar duct and terminates in an alveolar sac, composed of many alveoli (Fig. 1-8).



Figure 1-1. Diagrammatic representation of the successive stages in the development of the bronchi and lungs: A to D, 4 weeks; E and F, 5 weeks; G, 6 weeks; H, 8 weeks. (Reprinted with permission from Moore K. *The Developing Human*. Philadelphia: WB Saunders; 1973.)



Figure 1-2. A, In the early stage of lung development, the bronchi resemble tubular glands and are surrounded by undifferentiated mesenchyme. This stage is referred to as pseudoglandular because of this appearance (at 5–17 weeks of gestation.) B, Immunohistochemical staining for thyroid transcription factor-1 (brown chromogen, hematoxylin counterstain) is positive in the nuclei of the immature airway cells.