

Hugh Morris Gloster, Jr.
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Absolute Dermatology Review

Mastering Clinical Conditions
on the Dermatology
Recertification Exam

 Springer

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Chapter I

Papulosquamous and Eczematous Dermatoses

a. Chronic Plaque Psoriasis

Chronic plaque psoriasis

- A. Most common variant
- B. Chronic course, but remissions can occur
- C. Symmetric distribution of sharply demarcated red plaques with thick silvery scale
- D. Auspitz sign: pinpoint bleeding after scale removal
- E. Most common on the scalp, extensor surfaces (elbows, knees), sacrum, umbilicus, hands, feet, genitalia (usually involves the glans penis in men)
- F. Nail changes (also see Chap. 11, section 64l)
 - 1. Thickening and yellow discoloration of nail plate
 - 2. Distal onycholysis
 - 3. Pitting
 - 4. Red, spotted lunula
 - 5. Subungual hyperkeratosis
 - 6. Oil spots (pink-yellow)
- G. Arthritis (sausage digits)



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Chronic plaque psoriasis
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Chronic plaque psoriasis

- A. Sharply demarcated red plaque with thick silvery scale



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