

**MEDICAL
SPECIALTY
BOARD
REVIEW**

Anesthesiology Critical Care

BOARD REVIEW

Edited by
George W. Williams,
Navneet Kaur Grewal, Marc J. Popovich

OXFORD

ANESTHESIOLOGY CRITICAL
CARE BOARD REVIEW

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To God who makes all things possible.

To my beautiful wife and best friend, Erin.

To Eden, Emeri, and Gabriel, who bring immeasurable joy to our lives.

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PREFACE

The *Anesthesiology Critical Care Board Review* was forged as a concept rooted in working to prepare critical care fellow physicians to take and be successful on the American Board of Anesthesiology Critical Care Certification Examination (ABACCCE). This goal is important because it speaks to our purpose as clinicians and educators in preparing the next generation of anesthesiologist intensivists. In my time as a program director (which functionally started in 2011), I found there to be a paucity of materials suited for and tailored to physicians preparing for the examination—in particular, a perioperative and wide-ranging examination such as the ABACCCE. I experienced this myself when I was a recent fellow graduate. As editors of this book, we sought to do everything in our power to prevent others from an anxiety-laden experience resulting from minimal opportunities to practice for a critical care examination with questions written by authors that shared a background in anesthesiology.

It is our hope that, after reading this book, our audience would have learned something new, been able to identify their strengths and weaknesses, and gain a perspective of factual content that is important for a successful clinician and leader in the intensive care unit. The editors and authors put a great deal of effort toward making the questions challenging yet fair, as well as thorough yet straightforward, for the reader. This book was created with the perspective and passion of educators from across the country who hope to make the process of board preparation less stressful and more productive.

Each chapter has been written by an author who actively provides care within the domain of the chapter. Additionally,

the editors have endeavored to make the format and style of the questions consistent with an examination's level of difficulty. This book would not have been possible without the hard work of my mentor Dr. Popovich and my partner Dr. Grewal; in this effort, we have generated a lasting partnership focused on education, and they have my thanks. The resulting product is a collective effort of our team, of which I am proud to be a member.

Please allow me to express my gratitude to the physicians and mentors that made this book possible: Dr. Howard Nearman, my chairman during my residency who as an anesthesiologist intensivist inspired me to work as hard as I could to be emulate his example as a compassionate physician and effective leader; my residency program co-directors Dr. Matthew Norcia (another intensivist) and Dr. David Wallace, who strongly encouraged me to pursue a career in critical care; the program director of my fellowship, Dr. Marc Popovich (co-editor), who taught me how to be confident and thorough as an intensivist and provided me with the skills to create and lead a new critical care division at a new institution; my parents, who always insisted that I give 100% effort to everything that I do; my patients, who give me the privilege of caring for them in their darkest hours and who, to this day, teach me something new in my experience of lifelong learning; and finally, my beautiful and incredibly supportive wife and our three children, who sacrificed nights and weekends together to allow this book to come to fruition.

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