# Anesthesia for Spine Surgery

# **Anesthesia for Spine Surgery**

Ehab Farag, M.D., F.R.C.A. Staff Anesthesiologist, Departments of General Anesthesia and Outcomes Research, Cleveland Clinic, Ohio, USA



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To my wife, my daughters, and my mother for their incessant prayers, help, and support and in memory of my late father

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## Contributors

#### Alaa A. Abd-Elsayed

Resident Physician, Department of Anesthesiology, University of Cincinnati, Cincinnati, OH, USA

#### **Basem Abdelmalak**

Staff Anesthesiologist and Director, Anesthesia for Bronchoscopic Surgery, Anesthesiology Institute, Cleveland Clinic, Cleveland, OH, USA

#### Kalil G. Abdullah

Cleveland Clinic Lerner College of Medicine, Cleveland Clinic, Cleveland, OH, USA

#### **Maged Argalious**

Medical Director, PACU and Same Day Surgery; Assistant Professor, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, Cleveland, OH, USA

#### **Rafi Avitsian**

Section Head, Neurosurgical Anesthesiology; Program Director, Neuroanesthesia Fellowship; Assistant Professor of Anesthesiology, Cleveland Clinic Lerner College of Medicine Anesthesiology and Neurological Institutes, Cleveland Clinic, Cleveland, OH, USA

#### Maria Bauer

Clinical Research Fellow, Department of Outcomes Research, Institute of Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### Edward C. Benzel

Chairman, Department of Neurosurgery, Neurological Institute, Cleveland Clinic, Cleveland, OH, USA

#### Dani S. Bidros

Cerebrovascular Center, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### William Bingaman

Vice-Chairman, Neurological Institute, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### Jay B. Brodsky

Professor, Department of Anesthesia, Stanford University School of Medicine, Stanford, CA, USA

#### **David Brown**

Chairman, Anesthesiology Institute, Cleveland Clinic, Cleveland, OH, USA

#### Patrick M. Callahan

Assistant Professor of Anesthesiology, University of Pittsburgh School of Medicine, Department of Anesthesiology, Children's Hospital of Pittsburgh, Pittsburgh, PA, USA

#### Juan P. Cata

Instructor, Department of Anesthesiology and perioperative Medicine, Division of Anesthesiology and Critical Care, The University of Texas MD Anderson Cancer Center, Houston, TX, USA

#### **Chakorn Chansakul**

Clinical Neurophysiology Fellow, Epilepsy Center, Cleveland Clinic Neurological Institute, Cleveland, OH, USA

#### **Jianguo Cheng**

Program Director of Pain Medicine Fellowship, Departments of Pain Management and Neurosciences, Cleveland Clinic, Cleveland, OH, USA

#### Jeffrey G. Clark

Cleveland Clinic Lerner College of Medicine, Cleveland Clinic, Cleveland, OH, USA

#### Peter J. Davis

Professor of Anesthesiology and Pediatrics, University of Pittsburgh School of Medicine, Anesthesiologist-in-Chief, Department of Anesthesiology, Children's Hospital of Pittsburgh, Pittsburgh, PA, USA

#### **Stacie Deiner**

Assistant Professor of Anesthesiology, Neurosurgery, Geriatrics, and Palliative Care, Mount Sinai School of Medicine, New York, NY, USA

#### Xiao Di

Section of Pediatric and Congenital Neurosurgery, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### Karen B. Domino

Professor, Department of Anesthesiology and Pain Medicine, University of Washington, Seattle, WA, USA

#### D. John Doyle

Staff Anesthesiologist, Cleveland Clinic, Cleveland, OH, USA

#### Zeyd Ebrahim

Vice-Chair for Operating Affairs, Department of General Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### **Ehab Farag**

Staff Anesthesiologist, Departments of General Anesthesia and Outcomes Research, Cleveland Clinic, OH, USA

#### **Gordon Finlayson**

Clinical Instructor, Department of Anesthesiology, Pharmacology, and Therapeutics, Division of Critical Care Medicine, University of British Columbia, Vancouver, BC, Canada

#### Elizabeth A. M. Frost

Professor of Anesthesia, Mount Sinai Medical Center, New York, NY, USA

#### Matthew Grosso

Center for Spine Health, Cleveland Clinic, Cleveland, OH, USA

#### David P. Gurd

Staff Physician, Department of Orthopedic Surgery, Cleveland Clinic, Cleveland, OH, USA

#### Rodolfo Hakim

Section of Pediatric and Congenital Neurosurgery, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### Robert Helfand

Staff Anesthesiologist, Anesthesiology Institute, Cleveland Clinic, Cleveland, OH, USA

#### lain H. Kalfas

Surgeon, Center for Spine Health, Cleveland Clinic, Cleveland, OH, USA

#### Rami Karroum

Associate Staff Member, Department of Pediatric Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### Michael Kelly

Department of Neurosurgery, Center for Spine Health, Cleveland Clinic, Cleveland, OH, USA

#### Stephen J. Kimatian

Chair, Pediatric Anesthesiology, Children's Hospital, Cleveland Clinic Foundation, Cleveland, OH, USA

#### **Christian Koopman**

Neuroradiology Fellow, Cleveland Clinic, Cleveland, OH, USA

#### Ajit A. Krishnaney

Associate Staff Physician, Center for Spine Health; Associate Staff Physician, Neurological Surgery; Associate Staff Physician, Cerebrovascular Center, Cleveland Clinic, Cleveland, OH, USA

#### Andrea Kurz

Department of Outcomes Research, Institute of Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### Lorri A. Lee

Assistant Professor, Department of Anesthesiology and Pain Medicine, University of Washington, Seattle, WA, USA

#### Brian P. Lemkuil

Assistant Clinical Professor, Department of Anesthesia, University of California San Diego, CA, USA

#### James K. C. Liu

Resident, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### Sara P. Lozano

Staff, Pediatric Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### Daniel Lubelski

Cleveland Clinic Lerner College of Medicine, Cleveland Clinic, Cleveland, OH, USA

#### Mark Luciano

Head, Pediatric and Congenital Neurosurgery, Pediatric Neurosciences, Cleveland Clinic, Cleveland, OH, USA

#### **Ramez Malaty**

Neuroradiology Fellow, Cleveland Clinic, Cleveland, OH, USA

#### Mariel R. Manlapaz

Associate Staff, Department of General Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### Edward M. Manno

Cerebrovascular Center, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### **Virgilio Matheus**

Resident, Department of Neurosurgery, Cleveland Clinic, Cleveland, OH, USA

#### Robert F. McLain

Professor of Surgery and Director, Spine Surgery Fellowship Program, Cleveland Clinic Center for Spine Health, Cleveland, OH, USA

#### Nagy Mekhail

Professor of Anesthesiology, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University and Cleveland Clinic Spine Center, Cleveland, OH, USA

#### Doksu Moon

Staff Neuroradiologist, Cleveland Clinic, Cleveland, OH, USA

#### Loran Soliman Mounir

Staff Member, Departments of General Anesthesia and Pediatric Anesthesia, Cleveland Clinic, Cleveland, OH, USA

#### Raghu Mudumbai

Associate Professor, Department of Opthalmology,

University of Washington, Seattle, WA, USA

#### **Thomas E. Mroz**

Director, Spine Surgery Fellowship Program, Neurological Institute, Center for Spine Health, Departments of Orthopedic and Neurological Surgery, Cleveland Clinic, Cleveland, OH, USA

#### Dileep R. Nair

Section Head, Epilepsy Center, Cleveland Clinic Neurological Institute, Cleveland, OH, USA

#### Julie Niezgoda

Staff, Pediatric Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### **R. Douglas Orr**

Staff Physician, Center for Spine Health and Department of Orthopedic Surgery, Cleveland Clinic Foundation, Cleveland, OH, USA

#### Piyush M. Patel

Professor of Anesthesiology, Department of Anesthesia, University of California, San Diego; Staff Anesthesiologist, Veterans Affairs Medical Center, San Diego, CA, USA

#### Jason E. Pope

Napa Pain Institute, Napa, CA, USA

#### Manuel Saavedra

Division of Plastic Surgery and Neurosurgery Section, Department of Surgery, University of Puerto Rico, Medical Sciences Campus, San Juan, Puerto Rico

#### Kenneth J. Saliba

Surgeon, Department of Pediatric Anesthesiology, Children's Hospital, Cleveland Clinic Foundation, Cleveland, OH, USA

#### **Richard Schlenk**

Neurosurgery Residency Program Director, Center for Spine Health, Cleveland Clinic, Cleveland, OH, USA

#### John Seif

Associate Staff, Department of Pediatric Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

#### John H. Shin

Department of Neurosurgery, Center for Spine Health, Neurological Institute, Cleveland Clinic, Cleveland, OH, USA

#### **Jeffrey Silverstein**

Professor of Anesthesiology, Neurosurgery, Geriatrics, and Palliative Care, Mount Sinai School of Medicine, New York, NY, USA

#### Dmitri Souzdalnitski

Clinical Fellow of Pain Medicine, Department of Pain Management, Cleveland Clinic, Cleveland, OH, USA

#### **Michael Steinmetz**

Center for Spine Health, Cleveland Clinic, Cleveland, OH, USA

#### **Tunga Suresh**

Assistant Professor of Anesthesiology, University of Pittsburgh School of MedicineDepartment of Anesthesiology, Children's Hospital of Pittsburgh, Pittsburgh, PA, USA

#### John E. Tetzlaff

Professor of Anesthesiology, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University; Staff Anesthesiologist, Department of General Anesthesia, Cleveland Clinic, Cleveland, OH, USA

#### Sherif Zaky

Staff Anesthesiologist, Department of Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

## Foreword by Dr. Edward Benzel

Ehab Farag has assembled an incredible group of authors for this "first of a kind" book, *Anesthesia for Spine Surgery*. This book is the first comprehensive text devoted to the anesthetic management of the spine surgery patient. It addresses both the adult and pediatric domains. It is comprehensive in scope and detailed in content.

Anesthesia for Spine Surgery addresses all aspects of the subject at hand. It begins with a group of dissertations on the variety of surgical procedures and the complications that can ensue. Chapters on imaging and surgical technique-specific nuances follow. These are followed by a variety of chapters that address specific spine anesthesia techniques and complications. The book closes with a number of discussions regarding pediatrics-related issues.

How good is this book? It is a "must read." Why is it a "must read"?

First, it is a "first of its kind." Hence, there is no competition. I am virtually certain that others will follow. They always do when pioneers open and develop a field. Second, it "covers the field." This cannot be underestimated as an attribute. *Anesthesia for Spine Surgery* is both deep and broad in content. It truly "covers the field" in many regards. It is thorough. It is comprehensive. It is organized both to facilitate a reading from cover to cover and to function as a reference.

Third, it is "a great read." This book feels good in my hands and I feel at home while reading it. It is, in fact, difficult to put down. This is, in part, related to its unique position in the spine surgery and anesthesia domain. It is also related to its wonderful presentation.

This book covers everything, and I do mean everything, from visual complications to spinal cord injury. No stones are left unturned. It is a complete, comprehensive, and user-friendly text. It will soon become a great addition to the libraries of all spine surgeons, neurosurgeons, and orthopedic surgeons, and of all neuro-anesthesiologists, anesthesiologists, and related professionals. It is, indeed, a classic in the making.

### Foreword by Dr. David Brown

It is a real pleasure to be asked to contribute a foreword to *Anesthesia for Spine Surgery* by Dr. Ehab Farag and colleagues. This useful text covers the entire spectrum of surgical and anesthetic procedures required to be at the forefront of clinical care for our patients requiring spine care. Ehab has assembled an outstanding list of contributors; all true experts in their area of clinical coverage. Many are colleagues at the Cleveland Clinic and others are recognized national experts.

Spinal surgery has developed over the last 20 years into a specialized field in which increasingly complex and lengthy surgical procedures are being carried out; these clearly demand an anesthetic approach that is equally intricate. The willingness of surgeons and anesthesiologists to share their approaches to complex and straightforward spinal surgical patients allows readers of this book to apply the most current approaches to minimizing morbidity and optimizing safety in their patients. The contributors to this book are made up of individuals with whom I would be fully comfortable in having them providing care for myself or members of my family at any time. They truly are experts.

I congratulate all involved in creating this important work and hope that it really adds value to your care of this important group of patients.