

# Comprehensive Pain Management in the Rehabilitation Patient



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*Editor*

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Alexios Carayannopoulos, DO, MPH  
Clinical Assistant Professor  
Department of Neurosurgery  
Brown University  
Warren Alpert Medical School  
Medical Director  
Comprehensive Spine Center  
Rhode Island Hospital  
Providence, Rhode Island, USA

CEO, Founder  
Pain, Spine, and Rehabilitation Consulting, Inc.  
Boston, MA, USA

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# Preface

From the beginning, it was my idea to create a book that covers a variety of pain conditions seen by the rehabilitation specialist. I particularly wanted to include pain conditions seen in an acute or subacute rehabilitation hospital, as well as in the out-patient setting by the general physiatrist or the physiatrist subspecialized in Brain Injury Medicine, Hospice and Palliative Medicine, Neuromuscular Medicine, Pain Medicine, Spinal Cord Injury Medicine, and Sports Medicine.

This book is geared towards physiatrists in training or in early practice. It will also serve as a resource for any medical, surgical, behavioral, or allied health provider who treats pain across the rehabilitation continuum. The chapters present both biomedical and biopsychosocial perspectives, combining the multidisciplinary approach used in Pain Medicine with the interdisciplinary approach used in Physical Medicine and Rehabilitation. The book includes theory, clinical practice, and practical aspects of managing pain through rehabilitation.

*Comprehensive Pain Management in the Rehabilitation Patient: A Reference Guide* covers many diagnoses in a deliberately succinct and specific format. Each chapter includes a recommended reading list outside of specific references used. This is to encourage the reader to explore more about any particular topic. The book is divided into 14 parts, which cover the following topics: Introduction to pain and a review of the multidisciplinary approach; Pain in the rehabilitation patient, which covers many of the core settings of an acute or subacute rehabilitation hospital; Headache; Pain diagnostics; Medication; Injections and procedures; Behavioral management; Complementary and alternative medicine; Neuromodulation; Neuroablation; Surgical management of pain; Novel techniques; Business and legal perspectives.

I am very grateful to the hard work of my colleagues and friends who authored these chapters. They represent many different specialities and work in a variety of settings. Their generous support of my work has made this book possible.

Finally, I would like to thank my editorial team at Springer. Their assistance was invaluable in bringing this book to publication.

Providence, RI, USA  
Boston, MA, USA

Alexios Carayannopoulos, D.O., M.P.H.

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# Contributors

**Daniel M. Aghion, M.D.** Memorial Neuroscience Institute, Memorial Regional Hospital, Hollywood, FL, USA

**Amir Ahmadian, D.O.** Department of Pain Management and Rehabilitation, UT Southwestern Medical Center, Temple, TX, USA

**Nadia Alwasiah, M.D.** Department of Physical Medicine and Rehabilitation, Tufts Medical Center, Boston, MA, USA

**Kasra Amirdelfan, M.D.** IPM Medical Group, Inc., Walnut Creek, CA, USA

**Jack Anderson, M.D.** Arizona Pain Specialists, Scottsdale, AZ, USA

**Jeffery E. Arle, M.D., Ph.D.** Department of Neurosurgery, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA, USA

**Subodh Arora, M.D., F.A.C.S.** Division of Vascular Surgery, Department of Surgery, George Washington University School of Medicine, Washington, DC, USA

**Wael F. Assad, M.D., Ph.D.** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Miguel D. Attias, M.D.** Tampa Pain Relief Center, Palm Harbor, FL, USA

**Nomen Azeem, M.D.** Department of Neurology/Pain Medicine, USF, Sarasota Orthopedic Associates, Sarasota, FL, USA

**Zahid Bajwa** Boston Headache Institute, Clinical Research at Boston PainCare, Tufts University School of Medicine, Boston, MA, USA

**Maria Bennett, M.S.** SPR Therapeutics, Cleveland, OH, USA

**Joseph Boggs, Ph.D.** SPR Therapeutics, Cleveland, OH, USA

**Peter Breslin, M.D.** Foundation Medical Group, Richmond, VA, USA

**Timothy J. Bunton, M.D.** Foundation Medical Group, Richmond, VA, USA

**Igor N. Burdenko, Ph.D.** The Burdenko Water and Sports Therapy Institute, Newton, MA, USA

**Anjum Bux** Chronic pain Management Center, Ephraim McDowell Regional Medical Center, Danville, KY, USA

**Lucas W. Campos** Summit Pain Alliance, Santa Rosa, CA, USA

**Kenneth D. Candido, M.D.** Department of Anesthesia, Advocate Illinois Masonic Medical Center, Chicago, IL, USA

Departments of Anesthesiology and Surgery, University of Illinois College of Medicine-Chicago, Chicago, IL, USA

**Alexios Carayannopoulos, D.O., M.P.H.** Division of Pain, Rehabilitation Medicine, Department of Neurosurgery, Comprehensive Spine Center, Rhode Island Hospital, Brown University, Providence, RI, USA

**Jonathan D. Carlson, M.D.** Arizona Pain Specialists, Glendale, AZ, USA

**Joseph P. Carroll, P.T., D.P.T., S.C.S.** Cape Cod Rehabilitation, West Barnstable, MA, USA

**John Chae, M.D.** Department of Physical Medicine and Rehabilitation, Case Western Reserve University, Cleveland, OH, USA

Department of Physical Medicine and Rehabilitation, MetroHealth System, Cleveland, OH, USA

Department of Biomedical Engineering, Case Western Reserve University, Cleveland, OH, USA

**Rocco Chiappini** Department of Rehabilitation Services, Rhode Island Hospital, Providence, RI, USA

**David B. Choi, M.D.** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Deus J. Cielo, M.D.** Department of Neurosurgery, The Warren Alpert Medical School of Brown University, Rhode Island Hospital, Providence, RI, USA

**Angela Cortez, M.D.** Department of Physical Medicine and Rehabilitation, University of Texas Dell Medical School, Austin, TX, USA

**Sara Cuccurullo, M.D.** Department of Rehabilitation Medicine, JFK Johnson Rehabilitation Institute, Edison, NJ, USA

**Stephen J. D'Amato, M.D., F.A.C.E.P.** Department of Medicine, Boston University School of Medicine, Roger Williams Medical Center, Providence, RI, USA

Department of Emergency Medicine/Internal Medicine, St. Josephs' Hospital, North Providence, RI, USA

**Alan H. Daniels, M.D.** Department of Orthopaedic Surgery, Rhode Island Hospital, Alpert Medical School, Brown University, Providence, RI, USA

**Marissa L. Darling, M.D.** UCLA/VA Greater Los Angeles Healthcare system, Physical Medicine and Rehabilitation Department (W117), Los Angeles, CA, USA

**Timothy T. Davis, M.D.** Orthopedic Pain Specialists, Santa Monica, CA, USA

**Segun Toyin Dawodu, M.D.** Wellspan Physiatry, Gettysburg, PA, USA

**Timothy R. Deer, M.D.** Center for Pain Relief, Inc., Charleston, WV, USA

**Peter K. Dempsey, M.D.** Department of Neurosurgery, Lahey Hospital and Medical Center, Tufts University School of Medicine, Burlington, MA, USA

**Cody A. Doberstein** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Curtis E. Doberstein, M.D.** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Ian D. Dworkin, M.D.** UCLA/VA-GLA Physical Medicine and Rehabilitation, Los Angeles, CA, USA

**Adam E.M. Eltorai, B.A.** Department of Orthopedic Surgery, Rhode Island Hospital, Alpert Medical School, Brown University, Providence, RI, USA

**Toby Emanuel, B.A.** Warren Alpert Medical School of Brown University, Providence, RI, USA

**Bryant England, M.D.** Department of Anesthesia, Advocate Illinois Masonic Medical Center, Chicago, IL, USA

Departments of Anesthesiology and Surgery, University of Illinois College of Medicine-Chicago, Chicago, IL, USA

**Steven M. Falowski, M.D.** Department of Neurosurgery, St. Luke's University Health Network, Bethlehem, PA, USA

**Julie Ferris, M.D.** Department of Physical Medicine and Rehabilitation, Center for Head Injuries, JFK Johnson Rehabilitation Institute, Rutgers Robert Wood Johnson Medical School, Edison, NJ, USA

**Mitchell Freedman, D.O.** Department of Physical Medicine and Rehabilitation, Kessler Institute for Rehabilitation, West Orange, NJ, USA

**Jason Friedrich, M.D.** Department of Physical Medicine and Rehabilitation, University of Colorado, Aurora, CO, USA

**Daniel A. Fung, M.D.** Orthopedic Pain Specialists, Santa Monica, CA, USA

**Arun Ganesh, M.D.** Department of Anesthesiology, Carolinas Pain Institute, School of Medicine, Wake Forest University, Winston-Salem, NC, USA



**Athina Giovanis, D.O.** Touro College of Osteopathic Medicine, Middletown, NY, USA

**Ziya L. Gokaslan, M.D.** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Christy Gomez, A.P.N.** Department of Neurosurgery, University of Illinois at Chicago, Chicago, IL, USA

**Jeremy Goodwin, M.S., M.D.** Division of Pain Medicine, Department of Neurological Surgery, The Oregon Health and Science University, Portland, OR, USA

**Damon A. Gray, M.D.** SCI Medicine, HMS/Spaulding Rehab Hospital/VA Boston, Charlestown, MA, USA

Department of Physical Medicine and Rehabilitation, Tufts Medical Center, Boston, MA, USA

**Brian D. Greenwald, M.D.** Department of Physical Medicine and Rehabilitation, Center for Head Injuries, JFK Johnson Rehabilitation Institute, Rutgers Robert Wood Johnson Medical School, Edison, NJ, USA

**Jay S. Grider, D.O., Ph.D., M.B.A.** Department of Anesthesiology, University of Kentucky, Lexington, KY, USA

**Hubert van Griensven, Ph.D., M.Sc. (Pain) BSc, Dip.Ac** Department of Rehabilitation, Southend University Hospital NHS Foundation Trust, Prittlewell Chase, Essex, UK

**Nameer R. Haider, M.D., F.A.A.P.M&R., D.A.B.P.M.** Spinal and Skeletal Pain Medicine, Utica, NY, USA

Killpain LLC/Cell Bionics Institute, Washington, DC, USA

**Aaron L. Harman, M.D.** Department of Diagnostic Imaging, Rhode Island Hospital/Warren Alpert Medical School of Brown University, Providence, RI, USA

**Michael Harned, M.D.** Department of Anesthesiology, University of Kentucky, Lexington, KY, USA

**David Haustein, M.D.** Physical Medicine and Rehabilitation, Robley Rex VA Medical Center, Louisville, KY, USA

University of Louisville, Louisville, KY, USA

**Brynna Henwood, B.S.** Arizona Pain Specialists, Scottsdale, AZ, USA

**Andrew Joyce, M.D.** Department of Physical Medicine and Rehabilitation, Harvard Medical School, Spaulding Rehabilitation Hospital, Charlestown, MA, USA

**Vishal Kancherla, D.O.** Austin Diagnostic Clinic, Austin, TX, USA

**Leonardo Kapural, M.D., Ph.D.** Department of Anesthesiology, Carolinas Pain Institute, School of Medicine, Wake Forest University, Winston-Salem, NC, USA

**Juewon Khwarg, M.D.** UCLA/VA-GLA Physical Medicine and Rehabilitation, Los Angeles, CA, USA

**Petra M. Klinge, M.D., Ph.D.** Department of Neurosurgery, Rhode Island Hospital, The Warren Alpert Medical School of Brown University, Providence, RI, USA

**Thomas Kosztowski, M.D.** Johns Hopkins School of Medicine, Baltimore, MD, USA

**Jennifer Kurz, M.D.** Department of Physical Medicine and Rehabilitation, Harvard Medical School, Spaulding Rehabilitation Hospital, Boston, MA, USA

**Lidie Lajoie, M.D., M.Sc.** Department of Surgery, Georgetown University School of Medicine, Washington, DC, USA

**Christina Lamar** Chronic pain Management Center, Ephraim McDowell Regional Medical Center, Danville, KY, USA

**Jill Kauders Levine, O.T./L., C.H.T.** Department of Rehabilitation Services, Occupational Therapy, Rhode Island Hospital, Providence, RI, USA

**Theresa Lie-Nemeth, M.D.** Department of Anesthesia, Stanford Hospital & Clinics, Stanford, CA, USA

**Theresa R. Lii, M.D.** Department of Anesthesia, Stanford University, Providence, RI, USA

**Paul Lynch, M.D.** Arizona Pain Specialists, Scottsdale, AZ, USA

**Moustafa Maita, B.S.** Arizona Pain Specialists, Scottsdale, AZ, USA

**Christopher Martin, B.S., R.E.P.T., C.N.I.M.** NeuroAlert LLC, White Plains, NY, USA

**Sean Mathers, D.C., D.P.T., C.S.C.S.** Pittsburgh Veterans Affairs Health Care System, Pittsburgh, PA, USA

**David McIntyre, D.P.T.** Department of Rehabilitation Services, Rhode Island Hospital, Providence, RI, USA

**Tory McJunkin, M.D.** Arizona Pain Specialists, Pain Doctor, Scottsdale, AZ, USA

**Janet L. Rivard Michaud, O.T./L.** Department of Rehabilitation Services, Occupational Therapy, Rhode Island Hospital, Providence, RI, USA

**Joshua Minori, D.O.** Department of Physical Medicine and Rehabilitation, Schwab Rehabilitation Hospital, Chicago, IL, USA

**Ai Mukai, M.D.** Texas Orthopedics Sports & Rehabilitation, Austin, TX, USA

**Alison E. Mulcahy, P.T., D.P.T.** Department of Rehabilitation Services, Adult Outpatient Rehab, Rhode Island Hospital, Providence, RI, USA

**Ryan Murphy, D.O.** Division of Physical Medicine and Rehabilitation, Valley Medical Group, Midland Park, NJ, USA

**Gahie Nam, M.D.** Department of Neurosurgery, The Warren Alpert Medical School of Brown University, Rhode Island Hospital, Providence, RI, USA

**Van T. Nguyen, M.D.** Department of Diagnostic Imaging, Rhode Island Hospital/Warren Alpert Medical School of Brown University, Providence, RI, USA

**Adetokunbo A. Oyelese, M.D., Ph.D.** Warren Alpert Medical School of Brown University, Providence, RI, USA

Department of Neurosurgery, Warren Alpert Medical School of Brown University, Rhode Island Hospital and Hasbro Children's Hospital, Providence, RI, USA

**Steven Papuchis** Physical Medicine and Rehabilitation, University of Louisville, Louisville, KY, USA

**Sagar S. Parikh, M.D.** Department of Physical Medicine and Rehabilitation, Center for Head Injuries, JFK Johnson Rehabilitation Institute, Rutgers Robert Wood Johnson Medical School, Edison, NJ, USA

**John R. Parziale, M.D.** Warren Alpert Medical School, Brown University, Providence, RI, USA

**Anish S. Patel, M.D., M.B.A.** National Spine & Pain Centers, LLC, Columbia, MD, USA

**Nelli I. Pavlotsky, M.S.** Personal Programs for Health and Productive Living, Newton, MA, USA

**Jason E. Pope, M.D., D.A.B.P.M., F.I.P.P.** Summit Pain Alliance, Santa Rosa, CA, USA

**Francesco G. Pucci, M.D.** Department of Neurosurgery, Rhode Island Hospital, Warren Alpert Medical School, Brown University, Providence, RI, USA

**Michael Ra, D.O., M.P.T.** Department of Physical Medicine and Rehabilitation, Center for Head Injuries, JFK Johnson Rehabilitation Institute, Rutgers Robert Wood Johnson Medical School, Edison, NJ, USA

**Lucille A. Rathier, Ph.D.** Behavioral Medicine Clinical Services, Department of Psychiatry, Lifespan Physicians Group/The Miriam Hospital, Providence, RI, USA  
Warren Alpert Medical School, Brown University, Providence, RI, USA

**William S. Rosenberg, M.D., F.A.A.N.S.** Center for the Relief of Pain, Midwest Neuroscience Institute, Kansas City, MO, USA

**Roy J. Ruttiman, M.S.** Department of Orthopaedic Surgery, Rhode Island Hospital, Alpert Medical School, Brown University, Providence, RI, USA

**Carl Y. Saab, M.S., Ph.D.** Department of Neuroscience and Neurosurgery, Brown University and Rhode Island Hospital, Providence, RI, USA

**Paul J. Salvi, P.T.** Back on Track Physical Therapy PC, Brookline, MA, USA

**Anjum Sayyad, M.D.** Department of Brain Injury Medicine, Northwestern Medicine: Marianjoy Rehabilitation Hospital, Wheaton, IL, USA

**Keith A. Scarfo** Director of the Intrathecal Pump Program, Rhode Island Hospital Comprehensive Spine Center, Providence, RI, USA

**Sarah Schmidhofer, M.D., RYT-500** Department of Psychiatry, Butler Hospital, Providence, RI, USA

**Jeffrey C. Schneider, M.D.** Assistant Professor of Physical Medicine and Rehabilitation, Department of Physical Medicine & Rehabilitation, Spaulding Rehabilitation Hospital Boston, Harvard Medical School, Charlestown, MA, USA

**Benjamin Seidel, D.O.** Department of Physical Medicine and Rehabilitation, Kessler Institute for Rehabilitation, West Orange, NJ, USA

**Mehul Sekhadia, D.O.** Pain Management Center, Advocate Lutheran General Hospital, Park Ridge, IL, USA

**Gaurav Sunny Sharma, M.D.** Orthopedic Pain Specialists, Santa Monica, CA, USA

**Yuriy Shepelyak, M.D.** Department of Physical Medicine and Rehabilitation, JFK-Johnson Rehabilitation Institute, Edison, NJ, USA

**Jay L. Shils, Ph.D., D.A.B.N.M., F.A.S.N.M., F.A.C.N.S.** Department of Anesthesiology, Rush University Medical Center, Chicago, IL, USA

**Virtaj Singh, M.D.** Seattle Spine and Sports Medicine, Seattle, WA, USA

**Jeremy Skiechs, B.A.** Spinal & Skeletal Pain Medicine, Utica, NY, USA

**Konstantin V. Slavin, M.D.** Department of Neurosurgery, University of Illinois at Chicago, Chicago, IL, USA

**Jonas Sokolof, D.O.** Division of Cancer Rehabilitation, Memorial Sloan Kettering Cancer Center, New York, NY, USA

**Frank R. Sparadeo, Ph.D.** Calmar Pain Relief, Salve Regina University, Graduate Program in Rehabilitation Counseling West Warwick, Newport, RI, USA

**Edward Swing, Ph.D.** Arizona Pain Specialists, Pain Doctor, Scottsdale, AZ, USA

**Rabia Tari, M.D.** Department of Neurosurgery, University of Illinois at Chicago, Chicago, IL, USA